

No.125/1/2015-16-CCSCSB  
Government of India  
Ministry of Personnel, Public Grievances & Pensions  
(Department of Personnel & Training)

Dated:02.02.2018

**CIRCULAR**

**Sub: Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees- Programmes to be organized by Youth Hostel Association of India.**

The undersigned is directed to refer to Department of Personnel & Training's Office Memorandum of even number dated 04.12.2015 regarding Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees( copy enclosed) and to inform that the Youth Hostel Association of India has offered various adventure programmes for Central Government Employees as per annexure.

3. Interested and eligible Central Government Employees may submit his/her application to Secratry, CCSCSB, Roon mo. 361-B wing, Lok Nayak Bhawan,Khan Market, New Delhi or through e-mail at [doptsports@gmail.com](mailto:doptsports@gmail.com). The reimbursement as admissible will be made after successful completion of programme. The applicant may submit expenditure details(fee receipt & Tickets in original) along with Aadhar Number and Bank Details(Name of Bank, Account Number, IFSC Code and Branch Code) for smooth reimbursement of claim.

4. If there is any query regarding the payment of fee, availability of slot in respect of the above mentioned programme, applicant may contact Shri Ankit Gupta, Marketing Officer, 011-45999026.

  
(Kulbhushan Malhotra)  
Secretary (CCSCSB)

Director/Deputy Secretary (Administration) of all Ministries/Department.  
Copy to : Shri Ankit Gupta, Marketing Officer YHAI.



# YOUTH HOSTELS ASSOCIATION OF INDIA

An ISO 9001:2015 Certified Organization

(Affiliated to Hostelling International, UK)



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YHAI/TP/146005

PR 164  
J  
921  
OA

Date: 25-January-2017

Dear Sir

Greetings from Youth Hostels Association of India

**Subject: Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees-Calendar of Programme.**

This has reference to your email dated- 29-12-2017, YHAI is thankful to the Ministry for extending the scheme for Central Govt. Employees & for requesting calendar for forthcoming adventure programmes.

The list of forthcoming programmes during 2018 are listed below.

| S. No. | Program Name .                                                             | Program Dates/<br>Date of Starting &<br>Reporting                                      | Duration | Fees      | Region                     |
|--------|----------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------|-----------|----------------------------|
| 1      | 3N/4D DARJEELING NATIONAL FAMILY CAMPING CUM TRAINING PACKAGE- 2018        | 16th January -<br>28th February,<br>2018                                               | 3N/4D    | Rs.7000/- | Darjeeling ,West<br>Bengal |
| 2      | NATIONAL MOUNTAIN CYCLING CUM TRAINING EXPEDITION JIM CORBETT 2018         | 01st Feb, 2018 -<br>16th Feb, 2018                                                     | 5N/6D    | Rs.5500/- | Nainital,<br>Uttarakhand   |
| 3      | NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION CHAINSHEEL BUGYAL 2018 | 1st April - 10th<br>April 2018                                                         | 8N/9D    | Rs.6250/- | Uttarkashi,<br>Uttarakhand |
| 4      | NATIONAL MOUNTAIN CYCLING CUM TRAINING EXPEDITION - JALORI PASS 2018       | 24th April - 5th<br>May, 2018                                                          | 7N/8D    | Rs.4300/- | Kullu, Himachal<br>Pradesh |
| 5      | NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP - SEOBAGH - 2018               | 24th ,29th April,<br>4th,9th,14th,<br>19th,24th, 29th of<br>May, 3rd,8th<br>June, 2018 | 4N/5D    | Rs.7800/- | Kullu, Himachal<br>Pradesh |
| 6      | NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION BEDINI BUGYAL-2018     | 25th Apr, 2018 -<br>25th May, 2018                                                     | 9N/10D   | Rs.5500/- | Chamoli,Uttarakhand        |
| 7      | NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION CHANDERKHANI PASS 2018 | 01st May, 2018 -<br>05th Jun, 2018                                                     | 9N/10D   | Rs.5700/- | Kullu, Himachal<br>Pradesh |
| 8      | NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION DEO TIBBA-2018         | 01st May, 2018 -<br>31st May, 2018                                                     | 9N/10D   | Rs.5500/- | Kullu, Himachal<br>Pradesh |
| 9      | NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION SANDAKPHU-GURDUM 2018  | 1st May, 2018 -<br>31st May, 2018                                                      | 7N/8D    | Rs.6300/- | Darjeeling, West<br>Bengal |

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**Wandering One Gathers Honey** चरण वै मधु विन्दती

|    |                                                                                     |                                 |         |            |                                |
|----|-------------------------------------------------------------------------------------|---------------------------------|---------|------------|--------------------------------|
| 10 | NATIONAL FAMILY CAMPING CUM TRAINING EXPEDITION SRINAGAR 2018                       | 01st May, 2018 - 25th Jun, 2018 | 4N/5D   | Rs.5300/-  | Srinagar, J&K                  |
| 11 | NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION SAR PASS 2018                   | 05th May, 2018 - 10th Jun, 2018 | 10N/11D | Rs 5800/-  | Kasol, Kullu, Himachal Pradesh |
| 12 | NATIONAL HIMALAYAN MOUNTAIN CYCLING CUM TRAINING EXPEDITION SRINAGAR, KASHMIR- 2018 | 20th May - 1st June, 2018       | 6N/7D   | Rs.4400/-  | Srinagar, Kashmir              |
| 13 | NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP LEH -2018                               | 20th May - 11th Oct, 2018       | 5N/6D   | Rs.9000/-  | Leh, J&K                       |
| 14 | NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION VALLEY OF FLOWERS - 2018        | 15th July - 14th Sep, 2018      | 8N/9D   | Rs.7000/-  | Chamoli, Uttarakhand           |
| 15 | NATIONAL HIMALAYAN MOUNTAIN CYCLING CUM TRAINING EXPEDITION MANALI KHARDUNGLA 2018  | 7,8,9th July, 2018              | 15N/16D | Rs.24000/- | Himachal Pradesh and J&K       |
| 16 | NATIONAL HIMALAYAN MOUNTAIN CYCLING CUM TRAINING EXPEDITION LEH 2018                | 25th July - 4th Aug, 2018       | 7N/8D   | Rs.7500/-  | J&K                            |
| 17 | NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION GREAT LAKES KASHMIR 2018        | 10th Aug - 25th Aug, 2018       | 9N/10D  | Rs.8000/-  | J&K                            |
| 18 | NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION HAMPTA PASS 2018                | 15th Aug - 5th Sep, 2018        | 8N/9D   | Rs.6500/-  | Kullu, Himachal Pradesh        |
| 19 | NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION ROOPKUND 2018                   | 5th Sep - 4th Oct, 2018         | 9N/10D  | Rs.7000/-  | Gwaldam , Uttarakhand          |
| 20 | NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP SRINAGAR 2018                           | 18th Sep - 2nd Nov, 2018        | 4N/5D   | Rs.5000/-  | J&K                            |
| 21 | NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP JIM CORBETT 2018                        | 10th Nov - 26th Nov, 2018       | 4N/5D   | Rs.5000/-  | Kaladungi , Uttarakhand        |
| 22 | NATIONAL HIMALAYAN WINTER TREKKING CUM TRAINING EXPEDITION DALHOUSIE 2018-19        | 10th Dec, 2018 - 06th Jan, 2019 | 5N/6D   | Rs.5500/-  | Dalhousie, Himachal Pradesh    |
| 23 | NATIONAL HIMALAYAN WINTER TREKKING CUM TRAINING EXPEDITION KEDARKANTHA 2018-19      | 15th Dec, 2018 - 05th Jan, 2019 | 7N/8D   | Rs.5500/-  | Mussoorie , Uttarakhand        |
| 24 | NATIONAL HIMALAYAN WINTER TREKKING CUM TRAINING EXPEDITION SANDAKPHU GURDUM 2018-19 | 15th Dec, 2018 - 05th Jan, 2019 | 7N/8D   | Rs.6200/-  | Darjeeling, West Bengal        |

#### I. Schedule for All programs:

- Day 1: Reporting at Base Camp  
 Day 2: Orientation & Acclimatization  
 Day 3: Acclimatization walk up to 5 Km, about high altitude sickness, Flora & Fauna etc.  
 Day 4, 5 etc.: Move to Higher Camps through trail & trek/cycling through forest, uphill, Downhills, fields with night stay at every camp.

Last Day: Check out after Breakfast.

#### II. INCLUSIONS FOR THE PROGRAM

- Group Insurance
- Tented/Built accommodation on sharing basis whichever is available
- Forest Entry
- All meals including Buffet Breakfast, Buffet/Packed Lunch, Evening Snacks, Buffet Dinner and Milk, Nutritious vegetarian food
- Trained Guides all along the trekking route
- Rucksacks on returnable basis
- Sleeping sheets & Sleeping bags at every camp site
- Bus transfers where required.
- Participation Certificate after successful completion of the trek
- First Aid & Medical Assistance

#### III. TENTATIVE SCHEDULE OF MEALS

| S. No. | Particulars | Timing             | Remarks                      |
|--------|-------------|--------------------|------------------------------|
| 1      | Breakfast   | 07:30am to 08:30am | Buffet Breakfast             |
| 2      | Lunch       | 01:00pm to 02:00pm | Packed Lunch during Trek day |
| 3      | Dinner      | 07:30pm to 08:30pm | Buffet Dinner                |

#### IV. THINGS TO BE BROUGHT BY PARTICIPANTS:

**Wearable Items :** Trekking shoes, T-shirts/Dry fit (3), Track pants (2), Track suit, Woolen/Poly fill/Down Jacket(1), Wind Jacket(1), Monkey cap, Gloves, Thermals, Inner garments, Light raincoat with hood, 3 pairs of woolen socks.

**Accessories :** Water bottle, lunch box, enameled, steel mug or tumbler, Steel or plastic plate, spoon, water purifying tablets, pen-knives, needle, thread, spare buttons, goggles (other than blue glasses), cold cream or Vaseline, soap, toilet paper, towel, medicines which are normally used at home.

#### SERVICES PROVIDED BY THE ORGANIZATION

1. Tented /Built accommodation on sharing basis whichever is available
2. Blankets
3. Rucksacks on returnable basis
4. Sleeping Sheets
5. Sleeping Bags
6. Equipment for activities that are part of the itinerary
7. All meals i.e. Breakfast, Lunch, Evening Snacks & Dinner

As informed earlier Youth Hostels Association of India is having vast experience in organizing economical adventure activities for last 46 years in which large number of Central & State Government Employees already participated.

This is also to inform you that **Mr. Ankit Gupta, Marketing Officer** of YHAI will be the Nodal Officer. If there is any query by your Department or other Central Govt. Department/employees, they may contact him as per the following contact details:

Name : Mr. Ankit Gupta  
 Designation : Marketing Officer  
 Phone : 011-45999026  
 E-mail : ankit@yhaindia.org

If you need more information, we will be pleased to furnish. Detailed information is also available on our website: [www.yhaindia.org](http://www.yhaindia.org).



Jaspal Singh Mehndiratta

**Chief Executive Officer**

CHIEF EXECUTIVE OFFICER  
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