No.125/1/2015-16-CCSCSB
Government of India
Ministry of Personnel, Public Grievances & Pensions
(Department of Personnel & Training)

Dated:02.02.2018

CIRCULAR

Sub: Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees- Programmes to be organized by Youth Hostel Association of India.

The undersigned is directed to refer to Department of Personnel & Training's Office Memorandum of even number dated 04.12.2015 regarding Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees(copy enclosed) and to inform that the Youth Hostel Association of India has offered various adventure programmes for Central Government Employees as per annexure.

3. Interested and eligible Central Government Employees may submit his/her application to Secratry, CCSCSB, Roon mo. 361-B wing, Lok Nayak Bhawan,Khan Market, New Delhi or through e-mail at doptsports@gmail.com. The reimbursement as admissible will be made after successful completion of programme. The applicant may submit expenditure details(fee receipt & Tickets in original) along with Aadhar Number and Bank Details(Name of Bank, Account Number, IFSC Code and Branch Code) for smooth reimbursement of claim.

4. If there is any query regarding the payment of fee, availability of slot in respect of the above mentioned programme, applicant may contact Shri Ankit Gupta, Marketing Officer, 011-45999026.

(Kulbhushan Malhotra)
Secretary (CCSCSB)

Director/Deputy Secretary (Administration) of all Ministries/Department.
Copy to : Shri Ankit Gupta, Marketing Officer YHAI.

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YOUTH HOSTELS ASSOCIATION OF INDIA

An ISO 9001:2015 Certified Organization

(Affiliated to Hostelling International, UK)

National President
Mohammad Shafi Pandit

National Vice President
Ashok Golane
C.D Vivekanandan
Everard D Nongsiang
Kiran V Natekar

National Chairman
S. Venkat Narayanan

National Treasurer
Manoj Johri

Chief Executive Officer
Jaspal Singh Mehndiratta

YHAI/TP/146005

Date: 25-January-2017

Dear Sir

Greetings from Youth Hostels Association of India

Subject: Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees-Calendar of Programme.

This has reference to your email dated- 29-12-2017, YHAI is thankful to the Ministry for extending the scheme for Central Govt. Employees & for requesting calendar for forthcoming adventure programmes.

The list of forthcoming programmes during 2018 are listed below.

S. No.	Program Name	Program Dates/ Date of Starting & Reporting	Duration	Fees	Region
1	3N/4D DARJEELING NATIONAL FAMILY CAMPING CUM TRAINING PACKAGE- 2018	16th January - 28th February, 2018	3N/4D	Rs7000/-	Darjeeling ,West Bengal
2	NATIONAL MOUNTAIN CYCLING CUM TRAINING EXPEDITION JIM CORBETT 2018	01st Feb, 2018 - 16th Feb, 2018	5N/6D	Rs.5500/-	Nainital, Uttarakhand
3	NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION CHAINSHEEL BUGYAL 2018	1st April - 10th April 2018	8N/9D	Rs.6250/-	Uttarkashi, Uttarakhand
4	NATIONAL MOUNTAIN CYCLING CUM TRAINING EXPEDITION - JALORI PASS 2018	24th April - 5th May, 2018	7N/8D	Rs.4300/-	Kullu, Himachal Pradesh
5	NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP - SEOBAGH – 2018	24th ,29th April, 4th,9th,14th, 19th,24th, 29th of May, 3rd,8th June, 2018	4N/5D	Rs.7800/-	Kullu, Himachal Pradesh
6	NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION BEDINI BUGYAL-2018	25th Apr, 2018 - 25th May, 2018	9N/10D	Rs.5500/-	Chamoli,Uttrakhand
7	NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION CHANDERKHANI PASS 2018	01st May, 2018 - 05th Jun, 2018	9N/10D	Rs.5700/-	Kullu, Himachal Pradesh
8	NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION DEO TIBBA-2018	01st May, 2018 - 31st May, 2018	9N/10D	Rs.5500/-	Kullu, Himachal Pradesh
9	NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION SANDAKPHU-GURDUM 2018	1st May, 2018 - 31st May, 2018	7N/8D	Rs.6300/-	Darjeeling, West Bengal

10	NATIONAL FAMILY CAMPING CUM TRAINING EXPEDITION SRINAGAR 2018	01st May, 2018 - 25th Jun, 2018	4N/5D	Rs.5300/-	Srinagar, J&K
* 11	NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION SAR PASS 2018	05th May, 2018 - 10th Jun, 2018	10N/11D	Rs 5800/-	Kasol, Kullu, Himachal Pradesh
12	NATIONAL HIMALAYAN MOUNTAIN CYCLING CUM TRAINING EXPEDITION SRINAGAR, KASHMIR- 2018	20th May - 1st June, 2018	6N/7D	Rs.4400/-	Srinagar, Kashmir
13	NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP LEH -2018	20th May - 11th Oct, 2018	5N/6D	Rs.9000/-	Leh, J&K
14	NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION VALLEY OF FLOWERS - 2018	15th July - 14th Sep, 2018	8N/9D	Rs.7000/-	Chamoli, Uttarakhand
* 15	NATIONAL HIMALAYAN MOUNTAIN CYCLING CUM TRAINING EXPEDITION MANALI KHARDUNGLA 2018	7,8,9th July, 2018	15N/16D	Rs.24000/-	Himachal Pradesh and J&K
16	NATIONAL HIMALAYAN MOUNTAIN CYCLING CUM TRAINING EXPEDITION LEH 2018	25th July - 4th Aug, 2018	7N/8D	Rs.7500/-	J&K
17	NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION GREAT LAKES KASHMIR 2018	10th Aug - 25th Aug, 2018	9N/10D	Rs.8000/-	J&K
18	NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION HAMPTA PASS 2018	15th Aug - 5th Sep, 2018	8N/9D	Rs.6500/-	Kullu, Himachal Pradesh
19	NATIONAL HIMALAYAN TREKKING CUM TRAINING EXPEDITION ROOPKUND 2018	5th Sep - 4th Oct, 2018	9N/10D	Rs.7000/-	Gwaldam , Uttarakhand
20	NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP SRINAGAR 2018	18th Sep - 2nd Nov,2018	4N/5D	Rs.5000/-	J&K
21	NATIONAL FAMILY ADVENTURE CUM TRAINING CAMP JIM CORBETT 2018	10th Nov - 26th Nov, 2018	4N/5D	Rs.5000/-	Kaladungi , Uttarakhand
22	NATIONAL HIMALAYAN WINTER TREKKING CUM TRAINING EXPEDITION DALHOUSIE 2018-19	10th Dec, 2018 - 06th Jan, 2019	5N/6D	Rs.5500/-	Dalhousie, Himachal Pradesh
23	NATIONAL HIMALAYAN WINTER TREKKING CUM TRAINING EXPEDITION KEDARKANTHA 2018-19	15th Dec, 2018 - 05th Jan, 2019	7N/8D	Rs.5500/-	Mussoorie , Uttarakhand
24	NATIONAL HIMALAYAN WINTER TREKKING CUM TRAINING EXPEDITION SANDAKPHU GURDUM 2018-19	15th Dec,2018 - 05th Jan, 2019	7N/8D	Rs.6200/-	Darjeeling, West Bengal

* Programms not Cover Under the Scheme.

I. **Schedule for All programs:**

Day 1: Reporting at Base Camp
Day 2: Orientation & Acclimatization
Day 3: Acclimatization walk up to 5 Km, about high altitude sickness, Flora & Fauna etc.
Day 4, 5 etc.: Move to Higher Camps through trail & trek/cycling through forest, uphills, Downhills, fields with night stay at every camp.

Last Day: Check out after Breakfast.

II. **INCLUSIONS FOR THE PROGRAM**

a) Group Insurance
b) Tented/Built accommodation on sharing basis whichever is available
c) Forest Entry
d) All meals including Buffet Breakfast, Buffet/Packed Lunch, Evening Snacks, Buffet Dinner and Milk, Nutritious vegetarian food
e) Trained Guides all along the trekking route
f) Rucksacks on returnable basis
g) Sleeping sheets & Sleeping bags at every camp site
h) Bus transfers where required.
i) Participation Certificate after successful completion of the trek
j) First Aid & Medical Assistance

III. **TENTATIVE SCHEDULE OF MEALS**

S. No.	Particulars	Timing	Remarks
1	Breakfast	07:30am to 08:30am	Buffet Breakfast
2	Lunch	01:00pm to 02:00pm	Packed Lunch during Trek day
3	Dinner	07:30pm to 08:30pm	Buffet Dinner

IV. THINGS TO BE BROUGHT BY PARTICIPANTS:

Wearable Items : Trekking shoes, T-shirts/Dry fit (3), Track pants (2), Track suit, Woolen/Poly fill/Down Jacket(1), Wind Jacket(1), Monkey cap, Gloves, Thermals, Inner garments, Light raincoat with hood, 3 pairs of woolen socks.

Accessories : Water bottle, lunch box, enameled, steel mug or tumbler, Steel or plastic plate, spoon, water purifying tablets, pen-knifes, needle, thread, spare buttons, goggles (other than blue glasses), cold cream or Vaseline, soap, toilet paper, towel, medicines which are normally used at home.

SERVICES PROVIDED BY THE ORGANIZATION

1. Tented /Built accommodation on sharing basis whichever is available
2. Blankets
3. Rucksacks on returnable basis
4. Sleeping Sheets
5. Sleeping Bags
6. Equipment for activities that are part of the itinerary
7. All meals i.e. Breakfast, Lunch, Evening Snacks & Dinner

As informed earlier Youth Hostels Association of India is having vast experience in organizing economical adventure activities for last 46 years in which large number of Central & State Government Employees already participated.

This is also to inform you that **Mr. Ankit Gupta, Marketing Officer** of YHAI will be the Nodal Officer. If there is any query by your Department or other Central Govt. Department/employees, they may contact him as per the following contact details:

Name	:	Mr. Ankit Gupta
Designation	:	Marketing Officer
Phone	:	011-45999026
E-mail	:	ankit@yhaindia.org

If you need more information, we will be pleased to furnish. Detailed information is also available on our website: www.yhaindia.org.

Jaspal Singh Mehndiratta
Chief Executive Officer

CHIEF EXECUTIVE OFFICER
YOUTH HOSTELS ASSOCIATION OF INDIA
5, NYAYA MARG, CHANAKYAPURI
NEW DELHI-110021

No.125/1/2015-16/CCSCSB
Government of India
Ministry of Personnel, Public Grievances & Pensions
Department of Personnel & Training
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Lok Nayak Bhawan, New Delhi
Dated 04th December, 2015

OFFICE MEMORANDUM

Sub: Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees.

The undersigned is directed to enclose herewith a copy of the Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees with the request that the contents of the Scheme may please be disseminated amongst the employees who are eligible to avail the benefits of the Scheme.

2. The details of the programmes etc. will be circulated/placed on the website of the Department of Personnel & Training separately.

(Abhay Jain)
Under Secretary to the Govt. of India.
Tel:24646961

To

Director/Deputy Secretary (Administration) of all Ministries/Deptt.

Application From

Name of Programme/Institute*_____

1. Name of Applicant* _____
2. Designation* _____
3. Group of Services with level/grade pay(revised)* _____
4. Father's Name* _____
5. Date of Birth* _____
6. Address*_____

   _____
7. Telephone No(mobile)*1._____2._____
8. Landline No.*_____
9. Ministry/Department*_____
10. Next of kin to be informed in case of emergency_____

Paste recent photograph

* mandatory fields

I, _____ understand that the programme may involve serious risk to me. I am undertaking the programme at my own violation cost, risk and consequence.

11. I hereby undertake that I will not held responsible Central Civil Services Cultural & Sports Board/Government of India for any untoward incident/mis-happening.

Date:
Place: (Signature of Applicant)

Name in Block Letters_____

Ministry/Department _____

This is to certify that the applicant is a Central Government Employees working in the main Ministry/Department and information given above is correct. The applicant is medically fit for the adventure activities opted by him/her.

( )
Welfare Officer

No.125/1/2015-16-CCSCSB
Department of Personnel & Training

New Delhi, the 4th December, 2015.

SCHEME FOR PROMOTION OF ADVENTURE SPORTS & SIMILAR ACTIVITIES AMONGST CENTRAL GOVERNMENT EMPLOYEES

1. **Background:** The Department of Personnel and Training recognizes that welfare of employees is one of the prime tasks of personnel management and sports activities play an important role in improving their efficiency and morale. Participation by Central Government Employees in adventure sports and similar activities will give them a platform where they would learn lessons from nature and use the knowledge acquired for welfare of the society.

2. **Vision:** To foster spirit of risk-taking, cooperative team work, capacity of readiness, vital response to challenging situations, endurance and environmental awareness.

3. **Mission:** The Mission of the Scheme for promotion of adventure sports and similar activities is to encourage Central Government Employees working in the Ministries/Department of the Government of India to take part in these activities by giving financial assistance and other incentives. The Central Civil Services Cultural & Sports Board, a Society registered under the Society Registration Act, 1860, which is under the aegis and control of the Department of Personnel & Training will be the nodal agency for the Scheme.

4. **Objectives**:

   (i) The Scheme would tackle the alarming situation of stress and impact of sedentary life on Government servants as highlighted in several studies conducted so far;
   (ii) It would provide a creative outlet to Central Government Employees;
   (iii) It would create and foster spirit of risk – taking, cooperative team work, capacity of readiness and vital response to challenging situations and of endurance;
   (iv) Central Government Employees would be prepared for better Disaster Management; and
   (v) Environmental awareness would be inculcated amongst the Central Government Employees.

5. **Scope of the Scheme:** The scope of the Scheme is limited to Central Government Employees working in the Ministries/Departments of Government of India. It will also be limited to the programme run

by Institutes/Organizations approved by the Department of Personnel & Training.

6. **Activities to be sponsored and Institutes**: The Department of Personnel & Training will sponsor programmes of 5-7 days duration to be organized by the Institutes/Organizations listed at **Annex-I**. The programme will have components of environmental awareness, disaster management, team spirit, capacity building, and Swachchh Bharat Campaign. The activities under the programme will be Trekking, Mountaineering, Rock-Climbing, Cycling in a difficult terrain, Skiing, Surfing, Boat Sailing, Snorkeling, Rafting, Para Sailing Ballooning, Para Gliding, Jungle Safari/Trekking, Desert Safari/Trekking, Beach Trekking and Environmental Awareness Camps etc. A Calendar of the programmes admissible under the Scheme will be circulated by the Department of Personnel & Training from time to time.

7. **Financial Assistance and other incentives**:

7.1 The Department of Personnel & Training will provide financial assistance to the eligible Central Government Employees for the programme of approved activities and conducted by the Institutes listed in **Annex I**.

7.2 Financial assistance will be in the form of reimbursement of Travel Expenses, programme fee and Hiring Charges of the equipments as per the terms and conditions specified in paragraph 7.3 and with a maximum ceiling of Rs.20,000/- (Rs. Twenty thousand only) per person per camp. The assistance will be limited to one activity in a block period of two year. Financial Assistance of 100% of programme fee would be provided in a calendar year to two officials of each Ministries/Departments who have been awarded by the Ministry/Department for excellence in service and nominated for the programme.

7.3 The following Heads are admissible for financial assistance under the Scheme:

i) To and fro travel expenses as per the entitlements under Leave Travel Concessions Rules with a maximum ceiling of Rs. 4,000/-;

ii) Re-imbursement of Programme fee:

(a) 90% for Group `C' Central Government Employee;

(b) 80% for Group `B' Central Government Employee; and

(c) 75% for Group `A' Central Government Employee.

iii) Actual hiring charges if the necessary equipment are hired from any Government agency with adequate proof subject to maximum of Rs. 2000/-.

7.4 Special Casual Leave will be granted to eligible participants in accordance with Department of Personnel & Training Office Memorandum No. 6/1/1985-Estt.(Pay-I) dated 16th July, 1985 and No. 6/1/85-Estt(Pay-I) dated 7th November, 1988.

8. **Procedure for availing benefits of the Scheme**:

8.1 The Central Government Employee will register himself with the Institute/Organization for the approved programme and make payment for it. He/she will simultaneously also submit his/her application to Central Civil Services Cultural & Sports Board duly forwarded by the Welfare Officer of their respective Ministry/Department.

8.2 The Ministry/Department will forward nominations of officials who have been awarded by the Ministry/Department for excellence in service and eligible for Financial Assistance of 100% of programme fee.

8.3 The Welfare Officer of the Ministry/Department in each case will certify that the recommended official is a Central Government employee working in the main Ministry/Department and medically fit for the adventure activities opted by him.

8.4 The financial assistance will be given on successful completion of the programme and submission of participation certificate to the Central Civil Services Cultural and Sports Board.

9. **Flexibility to expand the scope**: The Department of Personnel& Training will reserve the rights to modify the scheme, addition or deletion of activities, Institutes/Organization, change in pattern of financial assistance and other conditions of the Scheme without any prior notice.

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Atal Bihari Vajpayee Institute of Mountaineering & Allied Sports,
Manali- 175131, Himachal Pradesh

TRAINING PROGRAMME FOR DoPT, GOVT. OF INDIA

Name of Programme:	**Adventure Camp**
Course Duration:	**5 Days**
Training Period:	**(i) 18th Oct to 22nd Oct,2017** **(ii) 24 Oct. to 28th Oct.2017**
Course Strength	**Minimum: 10 Maximum: 14**
Course Schedule	**(i) 28th oct to 1st Nov th , 2017** **(ii) 6th Nov to 10th Nov,2017** **(iii) 14nd Nov to 18th Nov,2017** **(iv)21st Nov to 25th Nov,2017** **(v) 28th Nov to 02nd dec ,2017**
Arrival	**Previous evening/morning of course starting day.**

	Pre Lunch Programme	Post Lunch Programme
Day 1st	• Arrival, Registration and Briefing • Visit to Museum	• Issue of Equipments • Lecture on do's and don'ts in Himalaya • Visit to Hadimba Temple • Briefing for the next day programme
Day 2nd	• Trek to Solang Nalla (8,134 ft.) via Club House, Goshal and Burua	• River Crossing • Trek to Anjni Mahadev • Briefing for the next day programme
Day 3rd	• Trek to Dhundhi(9,500ft.) • Distance – 7Km	• Visit to surrounding of Dhundhi. • Back to solang
Day 4th	• Trek to patalsu and back to solang	• Team games • Briefing for the next day programme
Day 5th	• Move to Manali by taxi • Deposit of equipments • Certificates/badges distribution	• Visit to Manali Monastery and market. • Departure

ANNEX I

LIST OF APPROVED INSTITUTES/ORGANISATIONS FOR SCHEME FOR PROMOTION OF ADVENTURE SPORTS AND SIMILAR ACTIVITIES AMONGST GOVERNMENT EMPLOYEES AS ON 13.04.2016

1. Nehru Institute of Mountaineering, Uttarkashi, Uttarakhand. (Recognized by Ministry of Defence and Government of Uttarakhand) http://www.nimindia.net

2. Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports, Manali, Himachal Pradesh. (Government of Himachal Pradesh) http://www.adventurehimalaya.org

3. Indian Institute of Skiing & Mountaineering, Department of Tourism, Gulmarg, Jammu & Kashmir. (Ministry of Tourism) http://www.iismgulmarg.in

4. National Institute of Water Sports, Vasco da Gama, Goa. (Ministry of Tourism) http://www.niws.nic.in

5. Swami Vivekanand Institute of Mountaineering, Mount Abu, Rajasthan. (Government of Gujarat) http://www.gujmount.com

6. Garhwal Mandal Vikas Nigam Ltd, Dehradun, Uttarakhand. (Government of Uttarakhand) http://www.gmvnl.com/newgmvn

7. Himalayan Mountaineering Institute (HMI), Darjeeling, West Bengal. http://www.hmi-darjeeling.com

8. Jawahar Institute of Mountaineering (JIM), Pahalgam, J&K. http://www.jawaharinstitutepahalgam.com

9. National Institute of Mountaineering & Allied Sports (NIMAS), Dirang, Arunachal Pradesh.

10. Youth Hostels Association of India (YHAI), Chankyapuri, New Delhi. http://www.yhaindia.org

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