

No.11012/2/2014-Welfare  
Government of India  
Department of Personnel and Training  
(Welfare Division)

Lok Nayak Bhawan, Khan Market  
New Delhi-110003  
Dated:17.04.2015

**CIRCULAR**

**YOGA TRAINING SESSIONS**

As decided in the review meeting of the Yoga Training Scheme, taken by Secretary (Personnel), it is intimated that the timings for Yoga Training Session are flexible and the Nodal Officers may adjust the timings of the sessions depending on the requirements of the participants. However, it is also directed that sufficient Notice may be given to all the participants and the trainers to avoid any inconvenience.

  
(Naveen Arora)  
Section Officer

To,

- (i) Administration Section, DOPT, North Block, New Delhi for uploading the above circular on the Department's website.
- (ii) All Area Welfare Officers/Resident Welfare Associations.
- (iii) Welfare Officer of all Ministries/Department of Government of India.
- (iv) All Nodal Officers.