

File No.03/02/2015-Dir(C)
Government of India
Department of Personnel & Training
Office of Director of Canteens

Lok Nayak Bhawan, Khan Market
New Delhi, dated 28th May, 2015

OFFICE MEMORANDUM

Subject:- Introduction of new and healthy food items in the Departmental Canteens located in Central Government Offices.

As a measure of staff welfare, Departmental Canteens functioning from Central Government Offices/Establishments are providing beverages, snacks and meals to the employees. An illustrative list of vegetarian items of menu has been provided vide para 1.10 of Administrative Instructions on Departmental Canteens in Government Offices and Industrial Establishments (copy enclosed). In addition to this Departmental Canteen may like to introduce certain healthy/light and nutritious snacks. An illustrative list is given below:-

- i. Different type of vegetable soups;
- ii. Bonda
- iii. Dhokla
- iv. Khakhra
- v. Poha
- vi. Matar Chatt
- vii. Pao Bhaji
- viii. Veg Upma
- ix. Sprouts
- x. Patties
- xi. Muffins
- xii. Mishti Dahi
- xiii. Soya Snacks
- xiv. Plain Dahi
- xv. Nimbu Pani
- xvi. Lassi/Chaaj
- xvii. Ice-cream
- xviii. Shrikhand

Contd.2/-

2. Items of snacks/beverages/meals may be selected by respective Managing Committee of Departmental Canteens depending on local needs and tastes of customers. All Ministries/Departments are requested to introduce hygienic and healthy food in Departmental Canteens functioning under them.

P. Tyagi

(Pratima Tyagi)

Director (Canteens)

Tel: 24624722

To,

1. All Ministries/Departments of the Government of India as per standard list. (Director/Deputy Secretaries Incharge, Administrative Division/Wing as per standard list).
2. President's Secretariat, Rashtrapati Bhawan, New Delhi.
3. Cabinet Secretariat, New Delhi.
4. Director(Admn.), DOPT, North Block, New Delhi.
5. Comptroller & Auditor General of India, New Delhi.
6. Director of Audit, Central Revenue, New Delhi.
7. Controller General of Accounts, Ministry of Finance, New Delhi.
8. Supreme Court of India, Tilak Marg, New Delhi.
9. Controller General of Defence Accounts, Ulan Batar Road, Palam, Delhi Cantt.
10. Administrator all Union Territories as per standard list.
11. Office of the Joint Secretary (Trg.), and CAO, Ministry of Defence, C-II, Hutments, Dalhousie Road, New Delhi-110011.
12. Section Officer (Canteens), DOPT, Lok Nayak Bhawan, New Delhi (with 20 spare copies).



GOVERNMENT OF INDIA

**ADMINISTRATIVE
INSTRUCTIONS ON
DEPARTMENTAL
CANTEENS IN
GOVERNMENT OFFICES
AND INDUSTRIAL
ESTABLISHMENTS**

THIRD EDITION 2008

**DEPARTMENT OF PERSONNEL AND TRAINING
MINISTRY OF PERSONNEL, PUBLIC GRIEVANCES
AND PENSIONS, NEW DELHI**

1.10 Menus

Vegetarian.- The actual menus may be decided and adopted by the managing committees keeping in view the local needs and tastes of the customers. Adequate variety in preparations may be rotated as desired by the beneficiaries. An illustrative list of vegetarian items of menu is given hereunder :-

Beverages	Lunch	Snacks	Sweets
Coffee	Chapati	*Bonda	Burfi
Cold Coffee	Curd	Butter-toast	Besan Burfi
Cold Drinks	Dal	*Dosa	Besan Ladoo
Lassi	Fruits	*Idli	Coconut Burfi
Milk Shake	Puri	Matthi	Ladoo
Mango-Shake	Raita	Paneer Pakora	Pinnee
Rooh-afza	Rice	Samosa	Gulab Jamun
Tea	Sabzi	*Vada	Gajar-Halwa
	Sambar	Vegetable Cutlet	Patisa
	Soup		Rasgulla
	Sweet-dish	Vegetable Sandwich	
	Vegetable		
	Salad	Vegetable-Pakora	

Note:- (*i) Coconut Chutney and Sambhar may be served as part of fare.