

F.No. 11059/03/2012-AIS-III  
Government of India  
Ministry of Personnel, PG & Pensions  
Department of Personnel & Training  
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North Block, New Delhi  
Dated: 20<sup>th</sup> February, 2013

To

All Ministries/Departments of Govt. of India

Subject: The All India Services (PAR) Rules, 2007 - Revised proforma for annual health check-up of IAS Officers and revised rates thereof.

Sir,

I am directed to state that this Department vide notification of even number dated 19<sup>th</sup> February, 2013 have notified revised proforma for annual health check-up of IAS Officers. Copy of the revised proforma for annual health check-up is enclosed.

2. It is also informed that Ministry of Health & Family Welfare has approved the revised rates for health check-up, i.e. Rs. 2000/- for men and Rs. 2200/- for women in respect of AIS Officers at par with Group 'A' officers of CCS.

3. It is further informed that only part "C" of the Annual Health Check-up is required to be attached in the PAR of Member of Service.

4. The content of this letter may be brought to the notice of all the members of the All India Services.

Encl:As above

Yours faithfully,

*Deepti*  
(Deepti Umashankar)  
Director (Services)

Copy to:

1. Chief Secretaries of all States.
2. UTS Desk/IPS-II Section, Ministry of Home Affairs, North Block, New Delhi.
3. Forest Services Division, Ministry of Environment & Forests , Paryavaran Bhavan, New Delhi.
- ✓4. NIC for uploading it on the website <OM & Orders<Services<AIS(PAR) Rules, 2007.

**"Form IV**  
[See rule 3]

**The All India Services (Performance Appraisal Report) Rules, 2007**

**PROFORMA FOR HEALTH CHECK UP**

**Date:**

**Name**

**Age**

**Sex: M/F**

**A. Investigations Reports**

1.	<p><b>Haemogram</b></p> <p>(i) Haemoglobin (ii) TLC (iii) DLC     (a) Polymorphs     (b) Lymphocytes     (c) Eosinophils     (d) Basophils     (e) Monocytes  (iv) Peripheral Smear</p>
2.	<p><b>Urine Examination</b></p> <p>(i) Colour (ii) Albumin (iii) Sugar (iv) Microscopic Exam.</p>
3.	<p><b>Blood Sugar</b></p> <p>(i) Fasting (ii) Post-Prandial</p>
4.	<p><b>Lipid Profile</b></p> <p>(i) Total Cholesterol (ii) HDL Cholesterol (iii) LDL Cholesterol (iv) VLDL Cholesterol (v) Triglycerides</p>
5.	<p><b>Liver Function Tests</b></p> <p>(i) S. Bilirubin (Total) (ii) S. Bilirubin (Direct) (iii) S.G.O.T. (iv) S.G.P.T.</p>
6.	<p><b>Kidney Function Tests</b></p> <p>(i) Blood Urea (ii) S. Creatinine (iii) S. Uric Acid</p>

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7.	<p><b>Cardiac Profile</b></p> <p>(i) S.LDH (ii) CK-MB (iii) S.CRP (iv) SGOT</p> <p><b>For Men</b></p> <p>(v) PSA</p> <p><b>For Women</b></p> <p>(vi) PAP SMEAR</p>
8.	X-Ray-Chest PA View Report
9.	ECG Report
10.	USG Abdomen Report
11.	TMT Report
12.	Mammography Report (Women)
13.	<p><b>Gynaecological Health Check Up</b></p> <p>(i) Pelvic Examination</p> <p style="padding-left: 40px;">(a) Local Examination (b) Per Vaginum (P/V) (c) Per Speculum</p> <p>(ii) Surgical Examination (iii) Breast Examination</p>
14.	<p>(i) Urological Examination (For Men Only) (ii) Rectal Examination (For Men Only)</p>
15.	<p><b>Systemic Examination</b></p> <p>(i) Resp System (ii) CVS (iii) Abdomen (iv) CNS (v) Locomotor System. (vi) Dental Examination</p>
16.	<p><b>Eye Examination</b></p> <p>(i) Distant Vision (ii) Vision with Glasses (iii) Colour Vision (iv) Tonometry (v) Fundus Examination</p>
17.	<p><b>ENT</b></p> <p>(i) Oral Cavity (ii) Nose (iii) Throat (iv) Larynx</p>

**B. Medical Report of the Officer**

1.	Haemoglobin level of the officer	Normal/Low
2.	Blood Sugar Level	Satisfactory/Normal/High/Low
3.	Cholesterol level of the officer	Normal/High/Low
4.	Liver functioning	Satisfactory/normal/dysfunctioning
5.	Kidney Status	Normal/Both-one kidney not functional optimally
6.	Cardiac Status	Normal/enlarged/blocked/not normal

**C: Summary of Medical Report (only copy of this part is to be attached to PAR)**

1.	Overall Health of the Officer	
2.	Any other remarks based on the health medical check up of the officer	
3.	Health profile grading	

Date:

Signature of Medical Authority  
Designation