

### **Advisory for RWAs in view of COVID-19**

As you are aware COVID-19 cases have been reported globally including India since January 2020. COVID-19 usually presents as mild illness in majority of the cases and it is only the spread of disease that is a matter of concern for public health. It has been observed that the elderly and those with comorbid conditions are more at risk of severe disease.

Support and cooperation from your side is highly necessary in reducing the transmission of infection in the community.

In this regard, following advisories are being issued to all RWAs which need to be communicated to each member of RWA and implemented upon.

#### **Instructions for RWAs**

1. Stop all mass gatherings, eg prayer meeting, social gatherings, parties, functions etc.
2. Elderly (more than 60 years) to stay indoor strictly.
3. Common areas, railings and surfaces likely to be touched by residents to be cleaned frequently using disinfectant.
4. Lifts are closed spaces and potential source of infection to others.
  - a. RWAs to ensure cleaning of lifts periodically esp. the buttons
  - b. No crowding in the lifts to be allowed.
  - c. People using lift to stand facing away from each other
  - d. People using the lifts to wash their hands with soap and water after usage of lift
5. Ensure household helps, housekeeping staff, security guards, car cleaners and other helps must have free access to soap and water for periodic handwashing.
6. All gymnasiums, including open gymnasiums installed in the parks, sports facilities, club houses, swimming pools, recreational facilities to be closed.
7. People can use walkways, parks and park benches subject to strict maintenance of 1-meter distance with each other.
8. No summer camp or outdoor activities are allowed in their premises.
9. RWAs to check the spread of rumors and misinformation. For clarifications they can contact **national helpline number 1075 or 011-23978046 or WhatsApp number +919013151515**

10. In case you have any information about any of your resident who has travel history to any foreign country in last 14 days or anyone had contact with confirmed case of COVID-19, please inform health authorities on [national helpline number 1075 or 011-23978046](#) or your State/District helpline number or concerned health official.
11. Details of all the persons who had close contact with a confirmed COVID 19 case in the last 14 days shall be shared with concerned health officials and have to be subjected to home quarantine for observation.
12. In case, any positive case is detected in the locality, '**Containment Plan**' will be put in place for which you are required to cooperate with the health authorities.
13. RWAs and/or identified volunteers to ensure that those who have been advised home quarantine do not venture outside their homes and ensure strict compliance for 14 days. Any breach in home quarantine can lead to unchecked transmission of infection in the locality. The list of those advised home quarantine will be shared with RWAs by the health authorities. In case of breach of home quarantine by the residents please inform [national helpline number 1075 or 011-23978046 or concerned health official](#).
14. However, RWA to provide essential social support to such individuals and should not be stigmatized.
15. Government of India's approved Information, Education & Communication material of COVID-19, hand hygiene, use of masks and respiratory etiquettes will be provided to RWAs in soft copies. RWAs to print the same and display these at prominent places.

### **Instructions for the Residents**

1. Be aware of the health conditions of your neighbor and provide necessary help if required.
2. If you have any travel history to any foreign country in last 14 days or you have been in close contact with confirmed case of COVID-19, inform RWA or concerned health official and follow the following instructions:
  - a. Subject yourself to home quarantine for 14 days.
  - b. If you develop fever, cough, running nose, difficulty in breathing, please inform immediately concerned health official/RWA so that necessary actions can be taken.

- c. You are also advised to share the details of contacts as requested by health department.

### **Taking Care of Children**

1. Discourage children from playing outside in groups.
2. Sick children should stay at home strictly.
3. Parents are advised to engage children in indoor creative activities.
4. Educate children on cough etiquette, hand hygiene and social distancing to prevent spread of infection.
5. Ensure that children wash their hands with soap and water at frequent intervals and after coming home from outdoors.
6. Instead of sending children to summer camp or outdoor activities which in any case have been closed, it is advised to engage children in online educative/recreative modules of learning.
7. Parents are advised to inform their children on the situation of COVID-19 and importance of preventive measures so that children understand the reason behind the limits imposed on their activities
8. Refrain from unnecessary travel

### **Taking care of Elderly/Disabled/single occupants**

1. All the elderly to stay indoors compulsorily.
2. Identify caregiver in family or link any community volunteer or police to help elderly by providing them essential supplies and keep a watch on general wellbeing esp. for those who are staying alone. Determine who can care for them if their caregiver gets sick.
3. Keep in touch with each other through phones/video calls/emails.