

No.11059/18/2002-AIS-III  
Government of India  
Ministry of Personnel, Public Grievances and Pensions  
Department of Personnel and Training  
\*\*\*\*\*

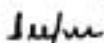
New Delhi dated the 14<sup>th</sup> March,2011

**OFFICE MEMORANDUM**

Subject: The All India Services (PAR) Rules, 2007 -annual medical check up for IAS officers.

The undersigned is directed to invite attention to this Department's Office Memorandum of even number, dated the 20<sup>th</sup> April,2010, enclosing therewith a copy of the modalities of health check up for IAS officers issued by the Dr. Ram Manohar Lohia Hospital during the year 2010.

2. Dr. Ram Manohar Lohia Hospital has now issued the fresh instructions and duty roster of medical and para-medical staff posted for health check- up of the IAS Officers for the year 2011. A copy of their letter dated 11.02.2011 is enclosed herewith, with the request that it may please be brought to the notice of all IAS officers working in the Ministries/Departments on central deputation for reporting for medical check-up accordingly. Time schedule for the health check-up in other authorised hospitals prescribed in this Department's O.M dated 11<sup>th</sup> January,2008, except Kalyani hospital, Gurgaon (they have withdrawn the facility of health check up since Sep.,2009) will remain unchanged.

  
(Deepti Umashankar)  
Director (Services)

All the Ministries/Departments Government of India.

Copy to:

1. The Dte. General, Health Services, Department of Health, Nirman Bhavan, New Delhi for information.

✓ 2. NIC,DOPT for putting in the web-site <Circulars<Services and Vigilance<the All India Services (Performance Appraisal Report) Rules,2007.

S.No. 74(R)

755-



GOVERNMENT OF INDIA/भारत सरकार

**डा. राम मनोहर लोहिया अस्पताल, नई दिल्ली**  
**DR. RAM MANOHAR LOHIA HOSPITAL, NEW DELHI**

**Dr. M.K. Gill**  
**Addl. Medical Supdt.**

**Tele: 23404451/23346441**  
**Fax: 23346441**

**F.No. Addl.M.S.(MKG)/RMLH/IAS/2011/298/1694**  
**Dated, the 11<sup>th</sup> February 2011**

**Sub: Annual Health Check-up of IAS Officers**

This year also Health Check-up of IAS officers will start from **15<sup>th</sup> February to April 2011** in the same pattern as it was done in the previous years, as indicated below:-

1. The Health Check up will be done **twice a week** on working **Tuesdays and Fridays**.
2. The officers coming for health check up will report to **Room No. 6 (Dr. A.K. Varshney's office) Nursing Home Complex** to meet the physician at **9 A.M.**
3. The officers who will come for health check up on Tuesday at 9 A.M. should get the medical report on Friday and vice-versa.
4. Only four officers will be given appointment for each Tuesday & Friday at 15 minutes interval i.e. 9 A.M., 9.15 A.M., 9.30 A.M. & 9.45 A.M.
5. The concerned department/ministry to contact **Sh. V.C. Shankaran, P.S. to the Medical Superintendent for prior appointment in Tel. No. 23747027/23404470.**
6. The medical report will be prepared in duplicate by the physician, one to be given to the officers concerned and the part 'c' only will be sent to his office.
7. A fifteen days roster to be prepared for the doctors and para medical staff by HOD Medicine/Pathology/Radiology/Gynae./Incharge Nursing Home for ECG./Nursing Supdt. for nursing personnel.

A copy of the roster to be sent to the office of the Medical Superintendent and Additional Medical Superintendent (MKG).

A  
18/2  
L.S.N  
15-2-11

8. The health check up will be done as per the proforma supplied by the department of personnel.
9. The physician Incharge will ensure that adequate number of performa and various investigation forms are available with them, previously filled in, investigation performa to be handed over to the officer coming for health check up.
10. The P.S. to the Medical Superintendent will inform the concerned HODs one day prior regarding the number of senior officers coming for health check up, so as to get them prepared.
11. All the officers coming for health check up **should come on fasting and full bladder.**
12. Dy. Director (Admn.)/Sanitary Superintendent will provide two extra group 'D' staff for accompanying the senior officers for various investigations.
13. The Consultant Incharge (Nursing Home) should ensure the availability of ECG Technician on every Tuesday & Friday at 9 A.M.
14. Nursing Superintendent to post one Staff Nurse in the examination room on Tuesday & Friday to assist the physician.
15. HOD (Gynae.) to be informed if lady officer takes appointment.

This issues with the approval of the Medical Superintendent.

(DR. M.K. GILL)  
Additional Medical Superintendent  
102

Copy to:-

- All Addl. Med. Supdts.
- HOD (Medicine/Gynae & Obst/Labs./Radiology) with a request to send the names at the earliest
- Incharge (Nursing Home)
- Officer Incharge (Accident & Emergency)
- Dy. Director (Admn.)
- Nursing Superintendent
- Sanitary Superintendent
- Director (Services), Deptt. of Personnel Training, Govt. of India - **with the request that all ministries may kindly be informed accordingly**
- P.S. to M.S.



GOVERNMENT OF INDIA/भारत सरकार

डा. राम मनोहर लोहिया अस्पताल, नई दिल्ली  
DR. RAM MANOHAR LOHIA HOSPITAL, NEW DELHI

### INSTRUCTIONS FOR OFFICE

1. The Health Check-up will start from 15<sup>th</sup> February 2011.
2. The Health Check-up will be done twice a week on working Tuesday and Friday.
3. The officers to report to Room No. 6, Nursing Home Complex so as to meet the Physician at 9 A.M.
4. Prior appointment to be taken from Sh. V.C. Shankaran, P.S. to the Medical Superintendent on Tel. No. 23747027/23404470.
5. The officer has to come on empty stomach fasting for check-up with full bladder.
6. The officer will come for check-up on Tuesday at 9 A.M. get report back on Friday at 10 A.M. and vice-versa.
7. Only four officers will be given appointment for check-up each day from 9 A.M. to 10 A.M.