


RATES OFFERED FOR PROCEDURES AS PER EXISTING OM DATED 01/01/2008

Rates prescribed for Ayurveda, Unani and Yoga & Naturopathy Treatments/ procedures in respect of the empanelled AYUSH Hospitals /Centers and will be effective from the date of issue of Office Memorandum. No. Z.28015/01/2006-HD Cell/CGHS dated 03/07/2015.

Sl. No.	System of Medicine and Treatment/Procedure	Unit Cost in Rupees
(A)	AYURVEDA	
1.	Abhyanga (Sarvanga)	200
2.	Tail Shirodhara	300
3.	Takra/Dugdha Shiro Dhara	150
4.	Pizhichil (Sarvang)	350
5.	Pizhichil (Ekang)	250
6.	Dhanyamla Dhara	300
7.	Nasya (Inclusive of Abhyanga & Svedana of Shira, Griva etc.)	100
8.	Shiro Vasti	300
9.	Kati Vasti	150
10.	Prishta Vasti	150
11.	Shiro Lepa	100
12.	Shastika Shali Pinda Sweda (Navarakizhi)	350
13.	Patra Potali Pinda Sweda	200
14.	Anna Lepa (Sarvang)	300
15.	Upanaha Sweda	100
16.	Avagaha Sweda (With Abhyanga)	200
17.	Kati Avagaha Sweda	100
18.	Sushka Sweda (Sarvanga)	150
19.	Sushka Sweda (Ekanga)	100
20.	Udvaartana	150
21.	Sneha/Anuvasana Vasti (Inclusive of Abhyanga & Swedana)	200
22.	Kashaya/Niruha Vasti (Inclusive of Abhyanga & swedana)	150
23.	Matra Vasti	100
24.	Uttara Vasti	100
25.	Yoga Vasti Package (5 Anuvasana and 3 Niruha Vasti)	1250
26.	Kala Vasti Package (10 Anuvasana and 6 Niruha Vasti)	2500
27.	Karma Vasti Package (18 Anuvasana and 12 Niruha Vasti)	5000
28.	Vaitarana Vasti	150
29.	Ksheer Vasti	150
30.	Vashpa/Nadi Sweda (Sarvanga)	150
31.	Vashpa/Nadi Sweda (Ekanga)	100
32.	Vamana Package (Inclusive of Poorva Karma, Pradhan karma and Paschat karma)	1000
33.	Virechana Package (Inclusive of Poorva Karma, Pradhan karma and Paschat karma)	1000

Sl. No.	System of Medicine and Treatment/Procedure	Unit Cost in Rupees
34.	Netra Tarpana/Aschyotana	100
35.	Netra Putapaka	100
36.	Rakta Mokshana (Siravedha & Abhyanga)	150
37.	Prachhana/Jaloka Avacharana	100
38.	Snehapana Package	750
39.	Ksharsutra application in Bhagandara (Initial)	400
40.	Follow up Ksharsutra application in Bhagandara	250
41.	Ksharsutra application in Parikartika (Anal Fissure)	250
42.	Ksharsutra application in Piles	250
43.	Ksharsutra application in other conditions	250
44.	Agni Karma	200
45.	Kshar Karma	150
46.	34-day Pakshaghata treatment Package inclusive of Snehana for 7 days, Svedana for 3 Days, Virechana for 1 day, Vasti for 8 days, Nasya for 7 days and Shiro Vasti/Shiro Dhara for 8 days.	5,650
47.	28- day Pakshaghata treatment package inclusive of Shirodhara & Pizhichil for 14 days and Pinda Sweda & Vasti for 14 days	17,150
48.	28- day Vata Rakta /Sandhi Roga Treatment package inclusive of Pizhichil for 14 days and Shastika Shali Pinda Sweda & Vasti for 14 days	12,950
49.	11- Day Shwasa Rog etc. treatment package inclusive of Snehana (Abhyanga & Sneha pana) for 7 days, Swedana for 3 days, Vamana/Virechana for 1 day.	2,650
50.	11- Day Vrikka Roga Treatment package inclusive of Snehapana for 7 days , Avagaha sweda for 3 days and Virechana for 1 day	1,750
51.	23- Day Sthoulya treatment package-I Inclusive of Snehapana for 7 days, Vamana for 1 day, Virechana for 1 day, Takradhara/ Udvardana for 14 days.	3,650
52.	23- Day Sthoulya treatment package-II Inclusive of Swedana with Udavartana for 14 days, Vamana/Virechana for 1 day and Vasti for 8 days	6,550
53.	19- day treatment package for Amlapitta/Parinaamshool/Yakrita-Pleehodara/other Udara Roga inclusive of Snehana for 7 days, Swedana for 3 days, Virechana for 1 day and Khseer vasti for 8 days	2,950
54.	23-day Manasa Roga (Unmada/Aspasmara/Anidra/Bhrama) treatment package inclusive of Snehana (Bahya& Abhyantara) for 7 days, Svedana for 7 days, Vamana for 1 day, Virechana for 1 day and Shiro Vasti or Shiro dhara for 7 days	5,750
B)	Yoga & Naturopathy	
1.	One week package of Asanas, Pranayam and Meditation minimum one hour per day	150
2.	Two Weeks Package of Asanas, Pranayam and Meditation minimum one hour per day	250

Sl. No.	System of Medicine and Treatment/Procedure	Unit Cost in Rupees
3.	Four weeks Package of Asanas, Pranayam and Meditation minimum one hour per day	400
4.	Shatkarma procedures per week	150
5.	One week Package of Nine Naturopathic treatment including special diet	2100
6.	Two week package of Nine Naturopathic treatment including special diet	4000
7.	Three week package of Nine Naturopathic treatment including special diet	6000
8.	Four week package of Nine Naturopathic treatment including special diet	8000
9.	Naturopathy Massage	200
10.	Physiotherapy applicable to Naturopathy	100
11.	Steam bath	100
12.	Whole Body Mud-Bath	100
13.	Local Mud-Pack/Application	50
14.	Plantian Leaf Bath	50
15.	Thermoleum Bath	50
16.	Magnetotherapy	50
17.	Special Yoga/Naturopathy diet	75


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