

**Revised CGHS Rates and Guidelines for reimbursement/ settlement of Ayurvedic treatment expenditure claims under CGHS.**

**List of diseases/disease conditions needing hospitalization of the patients, indicative therapies and likely duration of hospitalization-**

Sl. No	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
1.	SwasaRoga, KasaRoga (Restrictive /Obstructive Pulmonary Diseases, Bronchial Asthma, Emphysema, COPD..etc)	<ul style="list-style-type: none"> <li>Breathing difficulty</li> <li>Cough</li> <li>Fever</li> </ul>	Snehapana, Abhyanga, Nadeesweda, Vamana, Virechana, Kavala, Dhoomapana, Nasya, Pizhichil, Thakra Dhara, Urovasthi, Taila Vasthi, Kashaya Vasthi,Pichu, Thailam, Kashay Dhara, Dhanyamla Dhara, Lepam	7- 28 DAYS
2	Greevastambha, Greevashundana (Cervical spondylosis, Cervical spondylitis, Ankylosing spondylitis of cervical spine, Cervical disc prolapse.etc)	<ul style="list-style-type: none"> <li>Persisting or radiating pain in cervical region</li> <li>Restricted neck movements</li> <li>Tenderness</li> <li>Numbness</li> <li>Vertigo</li> </ul>	Abhyanga, Lepa, Upanaha, Jambherapindasweda,, Kukkutandapindasweda, Shashtikapindasweda, Churnapindasweda, Pizhichil, Pathrapindasweda, Dhanyamlapindasweda, Dhanyamladhara, Pichu, Valukasweda, Aanchanam, Sthanika Sekam, Nadeesweda, Greevavasthi, Nasya, Kavala, Dhoomapana, Sirovasthi, Snehapana,Vamana,	7- 28 DAYS

			Virechana, Kashaya Vasthi, Thailavasthi, Thalam, Veshtanam, Dhanya Pindasweda, Valuka Sweda	
3	Kateegraha, gridhrasi, kateesoolatrikap ristakateegraha, (Sciatica, Low Back Pain/Ache, I.V.D.P, Spondylolysthesi s...etc)	<ul style="list-style-type: none"> <li>• Persistent or radiating back pain</li> <li>• Restricted movements of low back/ hip region</li> <li>• Tenderness</li> <li>• Burning sensation</li> </ul>	KatiVasthi, PrishtaVasthi, Agnikarma, Kati-pichu, SiraVyadha/Siravedha, Virechana Abhyanga, Lepa, Upanaha, Jambherapindasweda, Kukkutandapindasweda, Shashtikapindasweda, Churnapindasweda, Pizhichil, Pathrapindasweda, Dhanyamla Pindasweda, Dhanyamla Dhara, Pichu, Valukasweda, Aanchanam, Sthanika sekam, Nadeesweda, Kati Vasthi, Avagaha, Snehapana, Virechana, Thailavasthi, Kashayavasthi, Ksheeradhara, Prishtasandhi-marma abhyanga (Lumbar manipulation), Veshtana, Dhanya pindasweda, Valuka sweda	7- 28 DAYS
4	Apabahuka, Viswachi (Frozen shoulder, Periarthritis, Tendinitis,	<ul style="list-style-type: none"> <li>• Radiating or local pain in shoulder region</li> <li>• Restricted shoulder movements</li> <li>• Tenderness</li> <li>• Numbness</li> </ul>	Agnikarma, Abhyanga, Lepa, Upanaha, Veshtanam, Jambherapindasweda, Kukkutandapindasweda, Shashtikapindasweda, Churnapindasweda, Pizhichil,	7-28 DAYS

	Brachial neuralgia.....etc )	<ul style="list-style-type: none"> <li>• Muscle wasting</li> </ul>	Pathrapindasweda, Dhanyamlapindasweda, Dhanyamladhara, Pichu, Valukasweda, Aanchanam, Sthanika sekam, Nadeesweda, Greevavasthi, Nasya, KaVala, Dhoomapana, Sirovasthi, Snehapana, Vamana, Thailavasthi, Kashayavasthi, Dhanya pindasweda, Valuka sweda, Mamsa pindasweda	
5	Pakshaghata (Paralysis, Hemiplegia, Hemiparesis...etc)	<ul style="list-style-type: none"> <li>• Weakness of one side of the body</li> <li>• Stiffness of muscles</li> <li>• Muscle weakness</li> <li>• Numbness</li> <li>• Pain</li> <li>• Tremor</li> <li>• Difficulty in speech</li> </ul>	virechana, kashaya vasthi, taila vasthi, shashtikapindasweda, pathra pindasweda, choorna pindasweda, jambeera pindasweda, dhanyamla pindasweda, sirovasthi, thalapothichil, pichu,seka, nasya, kabala, dhoomapana, abhyanga, thalam, moordhathailam, pizhichil, thailadhara, kashayadahara, ksheeradhara, ksheera dhoomam, jihwalepam, nadeeswedam, valuka sweda, mamsa pindasweda	14 – 35 DAYS
6	Kampavata(Neuro-spastic conditions, Parkinson's	<ul style="list-style-type: none"> <li>• Tremor</li> <li>• Stiffness of muscles</li> <li>• Muscle weakness</li> <li>• Walking</li> </ul>	pizhichil, nasya, kabala, gandoosha, dhoomapana, sirovasthi, ushmasweda, pichu, choornapindasweda,	14- 28 DAYS

	disease..etc)	<p>difficulty</p> <ul style="list-style-type: none"> <li>• Sluttering movements</li> <li>• Difficulty in speech</li> </ul>	<p>pathrapindasweda, jambeerapindasweda, shashtikapindasweda,lepa,abhyanga, nadeesweda,ksheeradhooma, thailavasthi, kashayavasthi, ksheeradhara-full body (different varieties), dhanyamlapindasweda, dhanyapindasweda, mamsapindasweda</p>	
7	Ardita (Facial Paralysis..etc)	<ul style="list-style-type: none"> <li>• Weakness of facial muscles</li> <li>• Drooping of eye lids</li> <li>• Numbness of facial muscles</li> <li>• Salivation</li> </ul>	<p>murdhataila, nasya, kabala, dhoomapana, mukhabhyanga, nadeesweda, gandushaksheeradhooma, karnapoorana, akshitharpana, thalam, thailadhara,thakradhara, sirovasthi, pichu, thalapothichil/sirolepa, virechana, tailavasthi, kashayavasthi, choornapindasweda, pathrapindasweda, annalepa/ navaratheppu- sthanika</p>	7- 21 DAYS
8	Vatarakta (gouti arthritis ischaemic limb, sle, rheumatoid arthritis..etc), kroshtukasheers ha	<ul style="list-style-type: none"> <li>• Joint pain</li> <li>• Swelling</li> <li>• Tenderness</li> <li>• Deformity</li> <li>• Burning sensation</li> <li>• Discolouration</li> </ul>	<p>kashaya vasthi, thaila vasthi, virechana, parisheka, rakthamoksham- jaloukavacharana, siravedha, patra pinda sweda, nadee sweda, veshtana, valuka sweda, choorna pinda</p>	14-28 DAYS

			sweda, shashtika pinda sweda, dhanyamla dhara, dhanyamla pinda sweda, ksheera dhara, kashaya dhara, lepana, upanaha, avagaha, snehapana, pizhichil	
9	Amavata (Connective tissue disorder, Rheumatic fever..etc)	<ul style="list-style-type: none"> <li>• Heaviness of body</li> <li>• Body ache</li> <li>• Immobility</li> <li>• Fever</li> <li>• Swelling</li> <li>• Pain in low back</li> </ul>	virechana, kashaya vasthi, thaila vasthi, valuka sweda, choorna pinda sweda, dhanyamla pinda sweda, dhanyamla dhara, rakthamokshana, upanaha, lepana, dhanya pindasweda, nadee swedam	14-28 DAYS
10	Sarvanga Vata (Cerebral atrophy, Cerebral Diplegia, Motor-Neuron diseases, M.N.D, M.S, C.P..etc), SUPTHI (Neurological disorders, Fibromyalgia..etc)	<ul style="list-style-type: none"> <li>• Generalized pain</li> <li>• Stiffness</li> <li>• Numbness</li> <li>• Weakness</li> <li>• Feeling of coldness</li> </ul>	Shastikapidna sweda, Kaya Seka/Pizhichil, Annalepana/Navaratheppu, Abhyanga, Kashayavasthi, thailavasthi, Shiropichu, Snehapana, ChoornaPindasweda, DhanyamlaDhara, DhanyamlaPindaSweda, PathraPindaSweda, Thailadhara, ThakraDhara, Sirolepam, Nasyam, Ksheeradharma, MamsaPindasweda	14-28 DAYS
11	Sandhigatavata (DEGENERATIVE JOINT)	<ul style="list-style-type: none"> <li>• Joint pain</li> <li>• Restricted joint movements</li> <li>• Stiffness</li> </ul>	Januvasti, Kashaya vasthi, Thaila Vasthi, Prushta Vasthi, Katee Vasthi, Greeva	14-28 Days

	DISORDERS, TENNIS ELBOW), VATHAKANDAKAM (CALCANEAL SPUR)	<ul style="list-style-type: none"> <li>• Crepitus</li> </ul>	Vasthi, Jaloukavacharana, Choorna Pindsweda, Pathra Pinda Sweda, Shashtika Pinda Sweda, Sthanika Annalepa, Sthanika Vasthi, Upanaha, Lepa, Pichu, Snehapana, Parisheka, Veshtana, Mamsakkizhi, Ksheeradhara, Pizhichil	
12	Twak Vikara (Skin Diseases), Kitibha, Ekakushta, Vicharchika, Gajacharma (Lichen Planus, Psoriasis, Eczema..etc)	<ul style="list-style-type: none"> <li>• Discolouration</li> <li>• Itching</li> <li>• Scaling</li> <li>• Oozing</li> <li>• Peeling</li> <li>• Burning sensation</li> <li>• Numbness</li> </ul>	Vamana, Virechana, Nehapana, Rakthamokshana- (Jaloukavacharana, prachana, siravedha/ siravyadha) , Parisheka, Takradhara, Lepa, KashayaDhara, KashayaVasthi, TailaVasthi, Kshalana, Abhyanga, NadeeSweda	8-28 Days
13	Visarpa (Cellulitis, Erisipelus, Necrotising Cellulitis, Impetigo, Pemphigus vulgaris...etc), Grandhi, Arbuda(Benign & Malignant growths, Hodgkins	<ul style="list-style-type: none"> <li>• Rashes</li> <li>• Blisters</li> <li>• Itching</li> <li>• Oozing</li> <li>• Burning sensation</li> <li>• Pain</li> <li>• Growths</li> </ul>	Rakthamokshana, Jalukavacharana, Vamana, virechana, Kashaya Vasthi, Thaila Vasthi, Kashaya Dhara, Thakra Dhara, Abhyanga, lepa,	14- 28 Days

	disease..etc)),			
14	Arsha, Bhagandara, Parikarthika (Haemorrhoid, Fistula in ano, Fissure in ano..etc), NADEE VRANA (Pilonoidal sinus..etc)	<ul style="list-style-type: none"> <li>• Constipation</li> <li>• Pain in anal region</li> <li>• Itching around anus</li> <li>• Burning sensation</li> <li>• Prolapse of mass from anus</li> <li>• Bleeding from anus</li> <li>• Pus from anus</li> </ul>	Virechana, Avagaha, Upanaha, Lepa, Taila Vasthi- Mathravasthi, Kshalana, Thakrapana, Varthi, Ksharakarma,Ksharasoothra, Agnikarma Varieties Like Classical/ Infra Red Coagulation/ High Frequency Coagulation/ Radio Frequency coagulation ..etc, suction aided ring ligation procedure, Kshara Pathana, Taila Daha, Dhoopana, Goshbanabandha,	1-7 DAYS
15	Moothraghata, Moothrakruchra, Asmari (Renal dysfunction, Renal/Urinary Calculi, Urinary Dysfunction/ Obstruction...etc )	<ul style="list-style-type: none"> <li>• Painful micturition or Pain in scrotum and penis with decreased urine output</li> <li>• Presence of blood with urine may be present</li> </ul>	Snehapana, Nadee Sweda, Virechana, Avagaha, Kashaya vasthi, Taila Vasthi, Abhyanga,Uthara Vasthi, Lepa, Dhara-Sthanika	14-28 DAYS
16	Kashtarthava, Kruchrarthava, Artava Dushti, Yonee Roga , Rakthapradara (Amenorrhoea, Dysmenorrhoea,	<ul style="list-style-type: none"> <li>• Severe pain with menstruation</li> <li>• Very less menstrual flow or no Menstruation</li> <li>• Irregular menstruation</li> <li>• Abnormal menstruation</li> </ul>	Vamana, virechana, Kashaya vasthi, Thaila Vasthi, Nasya, snehapana, Uthara vasthi, Yoni Prakshalana, Udwarthana, Dhanyamla Dhara, Dhanyamla Pinda	14- 28 DAYS

	PCOD/ PCOS, D.U.B..etc)		Sweda, Avagaha , Yonidhavana, Yoni Pichu, Yoni Poorana, Yoni Dhoopana, Abhyanga, Ksharakarma, Nadeesweda	
17	Mamsagata Vikara, Mamsakshaya (Muscular Dystrophy...etc)	<ul style="list-style-type: none"> <li>• Weakness of muscles</li> <li>• Wastage of muscles</li> </ul>	Choorna Pindasweda, Pathra Pinda Sweda, Swedana, Shashtika Pinda Sweda, mamsa Pinda Sweda, Annalepa, Vesthanam, Pizhichil, Udwarthana, Upanaha, Matra Vasthi, Kashaya Vasthi	14-28 DAYS
18	Dristidosha- Asama Drishti, Nethraja Rakthapitham, Jeerna Nethrabhishyand am, Sushkakshipaka m, Adhimandam,Na kulandhyam, Puyalasa, Chathurtha Patalagatha Vikara (Refractive errors, Chronic Allergic & Inflammatory diseases, Chronic	<ul style="list-style-type: none"> <li>• Diminished vision</li> <li>• Photophobia</li> <li>• Dyplopia</li> <li>• Watering of eyes</li> <li>• Pus formation in eyes</li> <li>• Itching of eyes</li> <li>• Strain &amp; pain in eyes</li> <li>• Restricted field of vision</li> <li>• Headache</li> </ul>	Tharpana, aschothana, Nasya, Eye exercises, Anjana, Putapaka, Shashtika Pindasweda- Sthanika, Kashaya Vasthi, Thaila Vasthi, Jaloukavacharana, Nethra Dhara/ Akshi Seka, Sirovasthi, Taila Dhara, Thakra Dhara, Pichu, Dhoomapana, Snehapana, Virechana,Pindi, Vitalaka, Kshalana, Sirolepa,Sirolepam, Thalam,Eshana, Bhedana	7- 28 DAYS



	Conjunctivitis, Dry Eye Syndrom,Retinitis Pigmentosa, Night Blindness, Dacrocystitis, A.R.M.D, Retinopathy, Blepharospasm.. etc)			
19	Sirasoola, Sooryavartham, Ardhavabhedaka m(Migraine, Headache...etc)	<ul style="list-style-type: none"> <li>• Severe headache</li> <li>• Heaviness of head</li> <li>• Nausea</li> <li>• Photophobia</li> </ul>	Snehapana, Nadee Sweda, Nasya, Vamana, Virechana, Dhoomapana, Kabala, Gandoosha, Thalam, Moordha Taila, Pichu- Siropichu, Sirovasthi, Tailadhara, Thakradhara	7- 21 DAYS
20	Khanja ,Pangu- Abhigathaja, AbhighatajaVikar a(Restricted movements due to fracture/ dislocation..etc)	<ul style="list-style-type: none"> <li>• Dislocation of bone/ cartilage/ vertebrae</li> <li>• Pain</li> <li>• Swelling</li> <li>• Restricted or painful movements of associated area/ nearby muscles</li> </ul>	Veshtanam, Lepam, Dhara- Sthanika, Kukkutanda Pinda Sweda, Jambeera Pindasweda, Shashtika Pinda Sweda, Annalepa, Choorna Pindasweda, Pathra Pindasweda, Pizhichil, Dhanyamla Dhara, Pichu, Abhyanga	14-21 DAYS

## 2. Unit Cost of Ayurvedic therapies/interventions in OPD/IPD -

Unit cost per therapy/intervention means cost of procedure including cost of medicines used in the procedure as under.

Therapy/Intervention		
No	Treatment Name	Unit Cost in Rupees
1	Abhyanga	1145
2	Abhyanga- Sthanika	570
3	Abhyanga + Sweda	1280

4	Avagaha	765
5	Anjana	340
6	Aanchana (Traction)	480
7	Annalepa/Njavaratheppu- Full body	1290
8	Annalepa/Njavaratheppu - Sthanikam	755
9	Aschothana	335
10	Agnikarma-Infra Red Coagulation (Package rate for full Course of treatment)	10,000
11	Agnikarma- High frequency Coagulation (Package rate for full course of treatment)	10,000
12	Agnikarma- Radio frequency Coagulation (Package rate for full course of treatment)	10,000
13	Achasnehapana/day	440
14	Bhedana (of eye)	565
15	BhagnaBandhana (Fracture Bandage with Reduction &Immobilisation)	885
16	ChoornaPindaSweda/Podikkizhi-Full Body	1210
17	ChoornaPindaSweda/Podikkizhi- Sthanika/Ekangam	715
18	DhanyaPindaswedam/Dhanyakkizhi/ Navadhanyakkizhi-Full body	1245
19	Dhara/Sirodhara-Thaila	1420
20	Dhanyamladhara-Sthanika/Local -KateeDharaetc	705
21	Dhoopana	480
22	Dhoomapana	460
23	DhanyamlaPindaSweda/ Dhanyamlakkizhi/Kaatikkizhi-Full Body	1240
24	Eshana	565
25	Greevavasthi	845
26	Gandoosha	390
27	Goshbanabandha	300
28	Jaloukavacharana	745
29	Jambeerapindasweda/ Narangakkizhi-Full Body	1190
30	Januvasthi	845
31	Kabala	390
32	Kateevasthi	845
33	Kashayavasthi (Niroohavasthi)-Different varieties	1030
34	KashayaDhara- Full Body	1045
35	KashayaDhara -Ekangam/ Local	635
36	KsheeraDhara(Medicated-different varieties) -full body	1155
37	KsheeraDhooma	735
38	Kshara karma (Package rate for full course of treatment)	10,000
39	Ksharasoothra-Low level fistula (Package rate for full course of treatment)	10,000
40	Ksharasoothra-Middle level fistula (Package rate for full course of treatment)	10,000
41	Ksharasoothra- High level fistula (Package rate for full course of treatment)	10,000
42	Kshalana	355
43	KsharaPathana(Package rate for full course of treatment)	10,000
44	Karnapoorana	350

45	Kuttanam	540
46	Lekhana	540
47	Lepa/Lepana-Local	390
48	Mathravasthi	350
49	MamsaPindaSweda/Mamsakkizhi-Full Body	1420
50	MamsaPindaSweda/Mamsakkizhi-Sthanikam/Ekangam	820
51	Mukhalepa	490
52	Moordhataila	315
53	Nadeesweda/Snigdhasweda - Full	580
54	Nadeesweda/Snigdhasweda - Ekangam/Local	450
55	Nethradhara/Akshiseka	595
56	Nasya	600
57	PathraPindaSweda/Ilakkizhi-Full	1220
58	PathraPindaSweda/Ilakkizhi-sthanika/Ekangam	720
59	Pizhichil/Kayaseka - Full Body	1995
60	Pizhichil - Sthanikam/Ekangam/Local	1105
61	Pichu	410
62	Prushtavasthi	845
63	Putapaka	850
64	Prachanna	590
65	Pindi	450
66	ShashtikapindaSweda/Navarakkizhi-full body	1320
67	ShashtikapindaSweda/ Navarakkizhi-Ekangam/Sthanikam	770
68	Sirovasthi	970
69	Snehapana/day	440
70	Sirolepa/Thalapothichil	1120
71	Siravyadha/Siravedha/Rakthamoksha	640
72	TailaVasthi	710
73	Thakradhara	1145
74	Thalam	410
75	Tharpana	735
76	Tailadaha (Package rate for full course of treatment)	10,000
77	Thakrapana	250
78	Utharavasthi	1100
79	Udwarthana	1095
80	Urovasthi	845
81	Upanaha/Upanahasweda	590
82	Vamana	745
83	Virechana	355
84	Valukasweda/Manalkkizhi- Full Body	1080
85	Vitalaka/Bitalaka	450
86	Yoniprakshalana	500
87	Yonidhavana	500
88	Yoni Pichu	460
89	Yoni Poorana	460
90	Yoni Dhoopana	335
91	Valukasweda/Manalkkizhi- Sthanikam	655
92	Ksheeradhara-Head	1095
93	Jambeerapindasweda/ Narangakkizhi-sthanika/Local	735
94	Dhanyapindasweda-Sthanika/Local	730

95	Dhanyamlapindasweda/ Katikkizhi-Sthanika	705
96	Veshtanam	330
97	Agnikarma (Classical with PanchalohaSalaka)	995

### 3. Determination of treatment expenditure for payment/reimbursement

For the purpose of settlement of Ayurvedic treatment expenditure under CGHS , following criteria shall be applied-

- a) Above-mentioned rates of therapies/interventions shall be benchmarks for calculating treatment expenditure.
- b) The above unit rates are inclusive of the cost implication of materials, medicines, accessories, equipment maintenance , manpower (medical, paramedical and nursing) and diet used in imparting therapies except room rent of the hospitalization.
- c) Pre and post procedure cost will be chargeable @ Rs 75 per day.
- d) Room rent , wherever applicable shall be chargeable as per the rates prescribed in the OM.

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**Revised CGHS Rates and Guidelines for reimbursement/ settlement of Unani treatment under CGHS.**

**1. List of diseases/disease conditions needing hospitalization of the patients, indicative therapies and likely duration of hospitalization-**

<b>S. No</b>	<b>Disease</b>	<b>Conditions requiring hospitalization</b>	<b>Indicated Therapies required as per the condition of patients</b>	<b>Likely duration of hospitalization</b>
1	Shaqīqa (Migraine)	Recurrent episodic throbbing pain in one half of head	Therapy related Medication, Fasd, Ishāl, Natūl, Lakhlakhah and Zimad	7-28 days
2	Sar' (Epilepsy)	Recurrent spells of convulsions	Therapy related Medication, Qay', Fasd, Ishāl, Huqna, Hammām, Hijāma, Ghargharah, Nafookh and Nashooq	7-28 days
3	Fālij (Paralysis)	flaccidity/atrophy of organs	Therapy related Medication, Huqna, Dalk, Hijāma, Natūl, Ghargharah, Nafookh and Nashooq	7-28 days
4	Laqwa (Bell's palsy)	flaccidity of angle of mouth and/or dropping of lower eyelid	Therapy related Medication, Tadhīn, Facial exercise, Mazoogh, Ghargharah and Zimad	7-28 days
5	Ri'sha (Tremor)	involuntary movement of affected body part	Therapy related Medication, Hammām Hār, Takmīd Hār, Tamrīkh, Fasd, Dalk and Is'hal	7-28 days
6	Waram-i Asl al-Uzun (Mumps/ Parotitis)	Pain and swelling below the ears	Therapy related Medication, Fasd, Ishāl, Hijāma, Inkibāb, Takmīd	7-28 days
7	Waram-i Halaq (Pharyngitis)	Sore throat, dry cough, difficulty in swallowing	Therapy related Medication, Fasd, Irsal-I Alaq, Hijāma and Ghargharah	7-28 days
8	Waram-i Lawzatayn (Tonsillitis)	Sore throat, difficulty in swallowing, fever	Therapy related Medication, Fasd, Huqna, Ishāl, Hijāma,	7-28 days

			Gharghara	
9	Itihāb-i Tajāwīf-i Anf (Sinusitis)	Headache, post nasal drip	Therapy related Medication, Fasd, Takmīd, Tar'riq, Inkibāb,	7-28 days
10	Nazla Wabā'ī (Influenza)	Headache, bodyache, fever	Therapy related Medication, Dalk, Pashoya, Ishāl	7-28 days
11	Shahīqa (Pertussis/ Whooping Cough)	Severe episodes of cough	Therapy related Medication, Inkibāb	7-28 days
12	Itihāb al-Shu'ab (Bronchitis)	Productive cough, pain in chest, fever	Therapy related Medication, Inkibāb, Gharghara, Qai, Dalk and Zimad	7-28 days
13	Zīq al-Nafas (Bronchial Asthma)	Recurrent attacks of cough, dyspnoea, pain	Therapy related Medication, Fasd, Hijāma, Bukhoor and Qai	7-28 days
14	Zāt al-Riy'a (Pneumonia)	Continuous fever, cough, dyspnoea, pain in chest	Therapy related Medication, Fasd, Ishāl, Hijāma, Zimad and Takmeed	7-28 days
15	Ru'af (Epistaxis)	Recurrent episodes of bleeding from nose	Therapy related Medication, Hijāma, Fasd,	7-28 days
16	Salābat-i Kabid (Cirrhotic Liver)	Heaviness in abdomen and loss of appetite	Therapy related Medication, Fasd and Zimad	7-28 days
17	Zaght al-Dam Qawī Lāzimī (Essential Hypertension)	Headache, heaviness in head, clouding of conscious, epistaxis	Therapy related Medication, Fasd, Dalk, Hijāma, Hammām, Riyāzat	7-28 days
18	Zayābītus Sukkari Qism Sānī (Diabetes Mellitus Type II)	Excessive thirst, urination	Therapy related Medication, Takmīd, Ābzan, Dalk, Qay', Tar'riq, Riyāzat	7-28 days
19	Waram-i Mi'da (Gastritis)	Burning pain in chest, decreased appetite, distended stomach,	Therapy related Medication, Fasd, Riyāzat, Dalk, Inkibāb, Hammām and Zimad	7-28 days
20	Qarḥa-i Huzūmī (Peptic Ulcer)	Severe pain in stomach, nausea, vomiting	Therapy related Medication, Huqna, Zimad	7-28 days
21	Zahīr (Dysentery)	repeated urge for defecation, heaviness in abdomen, pain, abdominal distention, tenesmus	Therapy related Medication, Takmīd, Huqna, Ābzan	7-28 days

22	Ishāl (Diarrhoea)	repeated defecation, indigestion, flatulence and gurgling	Therapy related Medication, Hammām, Dalk and Huqna	7-28 days
23	Bawāsīr (Piles/ Hemorrhoids)	Mass, pain and itching in the anus	Therapy related Medication, Fasd, Ābzan and Irsal-e-Alaq	7-28 days
24	Sū' al-Qinya (Anaemia)	Pallor, swelling	Therapy related Medication, Dalk, Hammām, Riyāzat	7-28 days
25	Tashaḥḥum al-Kabid (Fatty Liver)	Anorexia, dyspepsia, pain in abdomen	Therapy related Medication, Takmīd, Zimad	7-28 days
26	Waram-i Kabid (Hepatitis)	Loss of appetite, pain abdomen, nausea, vomiting	Therapy related Medication, Fasd, Riyāzat, Hammām and Zimad	7-28 days
27	Istisqa'Ziqqi (Ascites)	Abdominal distention, dyspepsia,	Therapy related Medication, Idrār, Ishāl, Tar'riq	7-28 days
28	Istisqa'Lehmi (Anasarca)	Generalized pitting edema	Therapy related Medication, Tar'riq, Idrār, Hammām, Riyāzat, Hijāma,	7-28 days
29	Yaraqān (Jaundice)	Yellow discolouration of skin, eyes and urine	Therapy related Medication, rest, Is'hal, Qai, Fasd and Huqna	7-28 days
30	Waram-i Kulya (Glomerulonephritis / Pyelonephritis)	Fever, difficulty in urination	Therapy related Medication, Fasd, Takmīd, Qay', Huqna, Ābzan, Natūl	7-28 days
31	Hasāt-i Bawl (Urolithiasis)	heaviness in lower back, excruciating pain	Therapy related Medication, Riyāzat, Hammām, Ābzan, Qay', Fasd, Takmīd	7-28 days
32	Zu'f-i Masāna (Overactive bladder)	Dribbling of urine	Therapy related Medication, Takmīd	7-28 days
33	Waram-i Rahim (Metritis)	fever, nausea, shooting pain in lower back and pubic region	Therapy related Medication, Fasd, Qay', Ishāl, Takmīd, Ābzan	7-28 days
34	Kasrat-l Isqat (Habitual Abortion)	Recurrent abortions	Therapy related Medication, Riyāzat, Qai, Huqna, Hammam, Aabzan, Zimad and Hijamah	7-28 days
35	Sayalān-i Rahim	excessive discharge from the uterus	Therapy related Medication, Fasd,	7-28 days

	(Leucorrhoea)		Ishāl, Dalk , Ābzan and Huqna	
36	Ihtibās-i Tams (Amenorrhoea)	cessation of menses	Therapy related Medication, Fasd, Hammām, Hijāma, Idrar and Aabzan	7-28 days
37	Kasrat-i Tams (Polymenorrhoea)	Excessive loss of blood, pallor, weakness,	Therapy related Medication, Hijāma, Tar'riq, Idrār, Ishāl, Fasd, and Aabzan	7-28 days
38	Zu'f-i Bah (Sexual Debility)	Decrease in sexual competency	Therapy related Medication, Dalk	7-28 days
39	Waja' al-Mafāsīl (Arthritis)	pain, swelling, stiffness and restricted movement of affected joint	Therapy related Medication, Fasd, Qay', Idrār, Hijāma, Huqna, Natūl, Ābzan, Takmīd, Dalk, Riyazat, Irsale-e-Alaq, Hammam and Ta'areeq	7-28 days
40	Irq al-Nasā' (Sciatica)	Pain in hips and leg	Therapy related Medication, Qay', Kayy, Fasd, Hammām, Huqna, Ābzan and Hijamah	7-28 days
41	Niqris (Gout)	severe pain in great toe or ankle joint	Therapy related Medication, Fasd, Riyāzat , Zimad, Tila, Qai, Dalk and Nutool	7-28 days
42	Sharā (Urticaria)	abrupt appearance of reddish itchy rashes	Therapy related Medication, Fasd, Hammām and Hijamah	7-28 days
43	Jarab (Scabies)	rashes between the fingers, wrist, elbow, groin, etc	Therapy related Medication, Hammām, Fasd, Ishāl	7-28 days
44	Nār Fārsī (Eczema)	Red coloured lines and eruptions	Therapy related Medication, Fasd, Ishāl, Hijāma, Zimad and Irsal-e-Alaq	7-28 days
45	Dā' al-Ṣadaf (Psoriasis)	Thick rough patches on skin with silvery scales	Therapy related Medication, Hammām,	7-28 days
46	Baraṣ (Vitiligo)	glossy white patches on skin	Therapy related Medication, Dalk-i Khashin, Qai, Tila, and Hammam	7-28 days
47	Dā' al-Fīl (Lymphatic)	Increase in the circumference of leg	Therapy related Medication, Fasd,	7-28 days



	Filariasis)	and feet	Ishāl, Hijāma, Qay' and Zimad	
48	Ḥummā Ajāmiyya (Malaria)	High fever with chills and rigors	Therapy related Medication, Huqna, Qay', Fasd, Hammām	7-28 days
49	Ḥummā Mewi (Enteric fever)	Continuous fever, loss of appetite, headache	Therapy related Medication, Takmīd,	7-28 days
50	'Izm-i Ghudda-i Mazī Sāda	Urinary hesitance, dribbling	Therapy related Medication, Fasd	7-28 days

## 2. Unit Cost of Unani therapies/interventions in OPD/IPD :-

Unit cost per therapy/ intervention means cost of procedure including cost of medicines used in the procedure as under:

Therapy/Intervention		
S. No.	Treatment Name	Unit cost in Rupees
1.	Therapy related Medication, Fasd, Ishāl , Natūl, Lakhlakhah and Zimad	1,000
2.	Therapy related Medication Qay', Fasd, Ishāl, Huqna, Hammām, Hijāma, Ghargharah, Nafookh and Nashooq	2,850
3.	Therapy related Medication Huqna, Dalk, Hijāma, Natūl, Ghargharah, Nafookh and Nashooq	2,450
4.	Therapy related Medication, Tadhīn, Facial exercise, Mazoogh, Ghargharah and Zimad	150
5.	Therapy related Medication, Hammām Hār, Takmīd Hār, Tamrīkh, Fasd, Dalk and Is'hal	1,750
6.	Therapy related Medication, Fasd, Ishāl, Hijāma, Inkibāb, Takmīd	2,400
7.	Therapy related Medication, Fasd, Irsal-I Alaq, Hijāma and Ghargharah	2,750
8.	Therapy related Medication, Fasd, Huqna, Ishāl, Hijāma, Gharghara	2,200
9.	Therapy related Medication, Fasd, Takmīd, Tar'riq, Inkibāb,	1,650
10.	Therapy related Medication, Dalk, Pashoya, Ishāl	850
11.	Therapy related Medication, Inkibāb	150
12.	Therapy related Medication, Inkibāb, Gharghara, Qai, Dalk and Zimad	150
13.	Therapy related Medication, Fasd, Hijāma, Bukhoor and Qai	2,000
14.	Therapy related Medication, Fasd, Ishāl, Hijāma, Zimad and Takmeed	2,000
15.	Therapy related Medication, Hijāma, Fasd,	2,000
16.	Therapy related Medication, Fasd and Zimad	750
17.	Therapy related Medication, Fasd, Dalk, Hijāma,	3,750

	Hammām, Riyāzat	
18.	Therapy related Medication, Takmīd, Ābzan, Dalk, Qay', Tar'riq, Riyāzat	2,300
19.	Therapy related Medication, Fasd, Riyāzat, Dalk, Inkibāb, Hammām and Zimad	2,150
20.	Therapy related Medication, Huqna, Zimad	450
21.	Therapy related Medication, Takmīd, Huqna, Ābzan	650
22.	Therapy related Medication, Hammām, Dalk and Huqna	1,250
23.	Therapy related Medication, Fasd, Ābzan and Irsal-e-Alaq	900
24.	Therapy related Medication, Dalk, Hammām, Riyāzat	1,750
25.	Therapy related Medication, Takmīd, Zimad	500
26.	Therapy related Medication, Fasd, Riyāzat, Hammām and Zimad	1,750
27.	Therapy related Medication, Idrār, Ishāl, Tar'riq	50
28.	Therapy related Medication, Tar'riq, Idrār, Hammām, Riyāzat, Hijāma,	2,250
29.	Therapy related Medication, rest, Is'hal, Qai, Fasd and Huqna	
30.	Therapy related Medication, Fasd, Takmīd, Qay', Huqna, Ābzan, Natūl	1,750
31.	Therapy related Medication, Riyāzat, Hammām, Ābzan, Qay', Fasd, Takmīd	1,800
32.	Therapy related Medication, Takmīd	250
33.	Therapy related Medication, Fasd, Qay', Ishāl, Takmīd, Ābzan	1,300
34.	Therapy related Medication, Riyāzat, Qai, Huqna, Hammam, Aabzan, Zimad and Hijamah	500
35.	Therapy related Medication, Fasd, Ishāl, Dalk , Ābzan and Huqna	1,650
36.	Therapy related Medication, Fasd, Hammām, Hijāma, Idrar and Aabzan	2,500
37.	Therapy related Medication, Hijāma, Tar'riq, Idrār, Ishāl, Fasd, and Aabzan	2,500
38.	Therapy related Medication, Dalk	750
39.	Therapy related Medication, Fasd, Qay', Idrār, Hijāma, Huqna, Natūl, Ābzan, Takmīd, Dalk, Riyazat, Irsale-e-Alaq, Hammam and Ta'areeq	3,000
40.	Therapy related Medication, Qay', Kayy, Fasd, Hammām, Huqna, Ābzan and Hijamah	3,000
41.	Therapy related Medication, Fasd, Riyāzat , Zimad, Tila, Qai, Dalk and Nutool	1,250
42.	Therapy related Medication, Fasd, Hammām and Hijamah	1,250
43.	Therapy related Medication, Hammām, Fasd, Ishāl	1,250
44.	Therapy related Medication, Fasd, Ishāl, Hijāma, Zimad and Irsal-e-Alaq	2000

45.	Therapy related Medication, Hammām,	500
46.	Therapy related Medication, Dalk-i Khashin, Qai, Tila, and Hammam	400
47.	Therapy related Medication, Fasd, Ishāl, Hijāma, Qay' and Zimad	2,150
48.	Therapy related Medication, Huqna, Qay', Fasd, Hammām	1,600
49.	Therapy related Medication, Takmīd,	250
50.	Therapy related Medication, Fasd	1500
51.	Dalk (Massage) – Whole Body	750
52.	Dalk (Massage) – Half Body	400
53.	Dalk (Massage) – Single Limb	150
54.	Dalk (Massage) – Single Joint	100
55.	Dalk-i Khashin (Dry massage)	400
56.	Hammām (Turkish Bath)	500
57.	Inkibāb (Steam Bath)	150
58.	Hammām Mu'arriq (Sauna Bath)	500
59.	Hip Bath	200
60.	Spinal Bath	250
61.	Ābzan (Sitz Bath)	150
62.	Dastshoya (Hand Bath)	100
63.	Pāshoya (Foot bath)	100
64.	Qay' (Emesis)	150
65.	Huqna (Enema)	200
66.	Natūl (Irrigation)	250
67.	Irsal-i Alaq (Leeching)	750
68.	Hijāma bila shart (Dry Cupping)	500
69.	Hijāma bi'l Shart (Wet Cupping)	1250
70.	Faşd (Venesection)	750
71.	Takmīd (Fomentation)	250
72.	Zimād/ Tamrīkh (Applying Paste)	250
73.	Riyāzat (Exercise)	500
74.	Kayy (Cauterization)	1250
75.	Ultrasound Therapy	250
76.	Interferential Therapy	250
77.	Nerve Stimulation	200
78.	Short Wave Diathermy	200
79.	Long Wave Diathermy	250
80.	Intermittent Traction	250
81.	Paraffin Wax Bath	250
82.	Chest Physiotherapy	250
83.	Exercise Therapy	200
84.	Specialized Gait Therapy	150
85.	Transcutaneous Electrical Nerve Stimulation (TENS)	250
86.	Hydrocollator Moist Heat Therapy	150

**Note: Any minor / local Unani procedure/ therapy not included in the above list may be charged upto Rs. 100/- per sitting for upto 28 days.**

### **3. Determination of treatment expenditure for payment/reimbursement**

For the purpose of settlement of Unani treatment expenditure under CGHS , following criteria shall be applied-

- e) Above-mentioned rates of therapies/interventions shall be benchmarks for calculating treatment expenditure.
- f) The above unit rates are inclusive of the cost implication of materials, medicines, accessories, equipment maintenance ,manpower (medical, paramedical and nursing) and diet used in imparting therapies except room rent of the hospitalization.
- g) Pre and post procedure cost will be chargeable @ Rs 75 per day.
- h) Room rent , wherever applicable shall be chargeable as per the rates prescribed in the OM.

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**Revised CGHS Rates and Guidelines for reimbursement/ settlement of Siddha treatment expenditure claims under CGHS.**

**1. List of diseases/disease conditions needing hospitalization of the patients, indicative therapies and likely duration of hospitalization-**

<b>Sl. No</b>	<b>Disease</b>	<b>Condition needing hospitalization</b>	<b>Indicated therapies required as per the condition of patient</b>	<b>Likely duration of hospitalization</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
1.	<b>Iraippu, Swasa Kasam, Kaba noigal etc.,</b> (Restrictive Obstructive Pulmonary Diseases, Bronchial Asthma and other respiratory disorders)	<ul style="list-style-type: none"> <li>• Difficulty in Breathing</li> <li>• Cough</li> <li>• Fever</li> <li>• Head ache</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Nasiyam Nasigaparanam Ottradam Pasai Pugai Poochu Ennai Poochu Ennai Kattu Patru Pottanam Varthi – Thiri Vedhu Peechu Suttigai Asanam Pranayamam Varmam application	3- 28 Days
2	<b>Sagana Vaatham</b> (Cervical Spondylosis, Cervical Spondylitis,	<ul style="list-style-type: none"> <li>• Persisting or radiating pain in cervical region</li> <li>• Restricted neck</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai	7- 28 Days

	Ankylosing Spondylitis of Cervical Spine, Cervical Disc Prolapse)	movements • Tenderness • Numbness • Vertigo	paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	
3	<b>Thandaga Vaatham, Peraasana Narambu Thaabitham</b> (Lumbar Spondylosis, Sciatica, Low Back Pain, I.V.D.P, Spondylolsthesis)	• Persistent or radiating back pain • Restricted movements of low back/ hip region • Tenderness • Burning sensation	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam	7- 28 Days

			Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	
4	<b>Keel Vaayu Kumba Vaatham</b> (Arthritis, Frozen Shoulder, Periarthritis, Tendinitis, Brachial Neuralgia)	<ul style="list-style-type: none"> <li>• Radiating or local pain in shoulder region</li> <li>• Restricted shoulder movements</li> <li>• Tenderness</li> <li>• Numbness</li> <li>• Muscle wasting</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu	7-28 Days

			Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	
5	<b>Pakka Vatham,</b> <b>Patcha Vaatham</b> (Paralysis, Monoplegia Hemiplegia, hemiparesis)	<ul style="list-style-type: none"> <li>• Weakness of one side of the body</li> <li>• Stiffness of muscles</li> <li>• Muscle weakness</li> <li>• Numbness</li> <li>• Pain</li> <li>• Tremor</li> <li>• Difficulty in speech</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu	14 – 35 Days



			Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	
6	<b>Paanikkamba          vaatham,          Sirakamba vaatham</b>	<ul style="list-style-type: none"> <li>• Tremor</li> <li>• Stiffness of muscles</li> <li>• Muscle weakness</li> <li>• Difficulty in walking</li> <li>• Sluttering movements</li> <li>• Difficulty in speech</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam	14- 28 Days

			<p>Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam</p>	
7	<p><b>Arpudtha Vaatham,</b> <b>Muga Vaatham</b> (Facial Paralysis)</p>	<ul style="list-style-type: none"> <li>• Weakness of facial muscles</li> <li>• Drooping of eye lids</li> <li>• Numbness of facial muscles</li> <li>• Salivation</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Otradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application</p>	7- 21 Days

			Asanam	
8	<b>Uthira Vaatha</b> <b>Suronitham,</b> <b>Paithaya Vatha</b> <b>Suronitham Vali</b> <b>Azhal Keelvayu</b> (Gout Arthritis SLE, Rheumatoid Arthritis),	<ul style="list-style-type: none"> <li>• Joint pain</li> <li>• Swelling</li> <li>• Tenderness</li> <li>• Deformity</li> <li>• Burning sensation</li> <li>• Discolouration of skin</li> <li>• Palpable cutaneous nodules</li> <li>• Migrating arthritis</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	14-28 Days
9	<b>Vali Keelvayu</b> (Rheumatic Fever & Arthritis)	<ul style="list-style-type: none"> <li>• Pain and swelling in the joint</li> <li>• Immobility</li> <li>• Fever</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai	14-28 Days

		<ul style="list-style-type: none"> <li>• low back Pain</li> <li>• Fleeting arthritis</li> </ul>	<p>paduthal</p> <p>Thokkanam</p> <p>Ennai Kizhi</p> <p>Ennai Kattu</p> <p>Ennai Poochu</p> <p>Nasiyam</p> <p>Podi Kizhi</p> <p>Illai Kizhi</p> <p>Manar Kizhi</p> <p>Dhaniya Kizhi</p> <p>Poochu</p> <p>Patru</p> <p>Pottanam</p> <p>Pasai</p> <p>Peechu</p> <p>Kattu</p> <p>Kali</p> <p>Suttigai</p> <p>Attai Vidal</p> <p>Ottradam</p> <p>Varthi / Thiri</p> <p>Vedhu</p> <p>Thuvalai</p> <p>Pranayamam</p> <p>Varmam application</p> <p>Asanam</p>	
10	<p><b>Sarvanga Vatham,</b> Mutrudal vatham (Cerebral and Cerebellar atrophy, Neurological Disorders, Fibromyalgia )</p>	<ul style="list-style-type: none"> <li>• Generalized body pain</li> <li>• Stiffness</li> <li>• Numbness</li> <li>• Weakness</li> <li>• Feeling of coldness</li> </ul>	<p>Ennai Kuzhiyal</p> <p>Kalichal</p> <p>Vaanthi / Kutram</p> <p>thannilai paduthal</p> <p>Thokkanam</p> <p>Ennai Kizhi</p> <p>Ennai Kattu</p> <p>Ennai Poochu</p>	<p>14-28 Days</p>

			<p>Nasiyam  Podi Kizhi  Illai Kizhi  Manar Kizhi  Dhaniya Kizhi  Poochu  Patru  Pottanam  Pasai  Peechu  Kattu  Kali  Suttigai  Attai Vidal  Ottradam  Varthi / Thiri  Vedhu  Thuvalai  Pranayamam  Varmam application  Asanam</p>	
11	<p><b>Azhal Keelvayu  (Degenerative Joint  disorders Tennis  Elbow, Kuthi Kaal  Vaatham (Calcaneal  Spur)</b></p>	<ul style="list-style-type: none"> <li>• Joint pain</li> <li>• Restricted joint movements</li> <li>• Stiffness</li> <li>• Crepitus</li> <li>• Difficulty in walking</li> <li>• Difficulty in squatting</li> </ul>	<p>Ennai Kuzhiyal  Kalichal / Vaanthi /  Kutram thannilai  paduthal  Thokkanam  Ennai Kizhi  Ennai Kattu  Ennai Poochu  Nasiyam  Podi Kizhi  Illai Kizhi  Manar Kizhi  Dhaniya Kizhi</p>	14-28 Days

			<p>Poochu  Patru  Pottanam  Pasai  Peechu  Kattu  Kali  Suttigai  Attai Vidal  Ottradam  Varthi / Thiri  Vedhu  Thuvalai  Pranayamam  Varmam application  Asanam</p>	
12	<p><b>Thol Noikal, Kalanjaga Padai, Karappan, Pathinen Vagai Kuttam</b>  (18 Types Kuttam - Skin Diseases),  (Lichen Planus, Psoriasis, Eczema)</p>	<ul style="list-style-type: none"> <li>• Discolouration of skin</li> <li>• Patches</li> <li>• Itching</li> <li>• Scaling</li> <li>• Oozing</li> <li>• Peeling</li> <li>• Burning sensation</li> <li>• Numbness</li> <li>• Rashes</li> </ul>	<p>Ennai Kuzhiyal  Kalichal / Vaanthi /  Kutram thannilai  paduthal  Dhaniya Kizhi  Ennai Poochu  Kaaram  Kalimbu  Kali  Kattu  Kuruthi Vaangal  Kalikkam  Neer  Pugai  Poochu  Patru  Pasai  Patti Kattal</p>	8-28 Days

			Seelai Podi Attai vidal Peechu Nasiyam Suttigai Varthi Vedhu Aruvai Asanam Pranayamam Varmam application	
13	<b>Pun, Katti, Koppulam, Kiranthi, Pilavai</b> (Cellulitis, Necrotising Cellulitis, Erysipelas, Impetigo, Pemphiguos Vulgaris, Carbungle etc., )	<ul style="list-style-type: none"> <li>• Ulcer</li> <li>• Rashes</li> <li>• Blisters</li> <li>• Itching</li> <li>• Oozing</li> <li>• Burning sensation</li> <li>• Pain</li> <li>• Suppuration</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Dhaniya Kizhi Ennai Poochu Kaaram Kalimbu Kali Kattu Kuruthi Vaangal Kalikkam Neer Pugai Poochu Patru Pasai Patti Kattal Seelai Podi Attai vidal Peechu Nasiyam	7- 28 Days

			Suttigai Varthi Vedhu Aruvai Asanam Pranayamam Varmam application	
14	<b>Moolam, Pouthiram, Asana Vaai Vedippu, Katti, Adithallal</b> (Haemorrhoids, Fistula In Ano, Fissure In Ano, Perianal abscess, Rectal prolapse etc.)	<ul style="list-style-type: none"> <li>• Constipation</li> <li>• Pain in anal region</li> <li>• Itching around anus</li> <li>• Burning sensation</li> <li>• Prolapse of mass from anus</li> <li>• Bleeding from anus</li> <li>• Pus from anus</li> </ul>	Ennai Kuzhiyal Kalichal Vaanathi / Kutram thannilai paduthal Kuruthi Vaangal Keeral Kaaram Kalikkam Kalimbu Kaara Nool Sikitchai Podi Patru Peechu Pasai Pugai Salaagai Attai Vidal Vedhu Varthi/Thiri Suttigai Seelai Aruvai Kali Asanam Pranayamam Varmam application	7- 14 Days
15	<b>Vindhanu</b>	• Fertility disorders (Male)	Ennai Kuzhiyal	14-48



	<b>Kuraipaadu, Malattu Thanmai</b> (Male Reproductive Disorders)	<ul style="list-style-type: none"> <li>• Oligospermia</li> <li>• Asthinospermia</li> <li>• Teratozoospermia</li> <li>• Azoospermia</li> <li>• Erectile dysfunction</li> <li>• Spermatorrhoea</li> </ul>	Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Kali Kattu Pattru Pottanam Ottradam Attai vidal Dhaniya Kizhi Poochu Asanam Pranayamam Varmam application	Days
16	<b>Karuppai Noikal, Soothaga Kattu, Soothaga Vali, Sinaippai Neer Katty, Athi Uthirapokku</b> (Amenorrhoea, Dysmenorrhoea, Anovulatory, PCOD / PCOS, D.U.B, Menopausal Disorders)	<ul style="list-style-type: none"> <li>• Irregular menstruation</li> <li>• Painful menstruation</li> <li>• Excessive menstruation</li> <li>• Excessive Vaginal discharge.</li> <li>• Uterine prolapse</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Kali Kattu Pattru Pottanam Ottradam Attai vidal Dhaniya Kizhi Poochu Asanam Pranayamam Varmam application	14- 48 Days
17	<b>Thasai Vaatham</b> (Muscular Dystrophy)	<ul style="list-style-type: none"> <li>• Weakness of muscles</li> <li>• Muscle wasting</li> <li>• Muscular hypertrophy</li> <li>• Difficulty in</li> </ul>	Ennai Kuzhiyal Kalichal / Vamanam / Aamum Neekal Ennai Poochu	14-48 Days

		movements	Ennai Kattu Patru Poochu Pasai Kali Ottradam Pottanam Podithimirthal Varmam application	
18	<b>Kan Noigal</b> (Refractive Errors, Amblyopia, Chronic Allergic & Inflammatory Diseases, Chronic Conjunctivitis, Dry Eye Syndrom, Retinitis Pigmentosa, Night Blindness, Dacrocystitis, A.R.M.D, Retinopathy-Diabetic/ Hypertensive)	<ul style="list-style-type: none"> <li>• Diminished vision</li> <li>• Photophobia</li> <li>• Dyplopia</li> <li>• Watering of eyes</li> <li>• Pus formation in eyes</li> <li>• Itching of eyes</li> <li>• Strain &amp; pain in eyes</li> <li>• Restricted field of vision</li> <li>• Headache</li> <li>• Conjunctivitis</li> <li>• Stye</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kattu Mai Kalikkam Poochu Neer Salaagai Peechu Ottradam Thokkanam Pranayamam Asanam Varma Thadaval Vedhu	7- 28 Days
19	<b>Soorya vartham, Chandra vartham, Thalaivali</b> (Migraine, idiopathic Headache)	<ul style="list-style-type: none"> <li>• Severe headache</li> <li>• Heaviness of head</li> <li>• Nausea</li> <li>• Photophobia</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam	7- 21 Days

			<p>Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Pattru Thiri Pugai Sira Thokkanam Suttigai Attaival Varma Thadavul Pranyamam Asanam Varmam application</p>	
20	<p><b>Enbu Murivu / Mootu nazhuval / (Fracture/ Dislocation / Ligament injuries)</b></p>	<ul style="list-style-type: none"> <li>• Difficulty in movements / walking</li> <li>• Fracture</li> <li>• Dislocation of bone/ cartilage/ vertebrae</li> <li>• Pain</li> <li>• Swelling</li> <li>• Restricted or painful movements of associated area/ nearby muscles</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kattu Kombu Kattal Kalimbu Poochu Poochu Ottadam Pottanam Pasai Murichal Thokkanam Asanam Pranayamam Varmam application</p>	7-21 Days
21	<p><b>Vayiru / Kudal Noigal / Gunmam,</b></p>	<ul style="list-style-type: none"> <li>• Abdominal pain and discomfort</li> <li>• Flatulence</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi /</p>	14- 28 Days

	<b>Soolai, Peruvayiru, Vikkal, Kazhichal (Gastro intestinal disorders)</b>	<ul style="list-style-type: none"> <li>• Constipation / Diarrhoea</li> <li>• Nausea / Vomiting</li> <li>• Digestive disorders</li> <li>• Fever</li> </ul>	Kutram thannilai paduthal Poochu Ottradam Pottanam Patru Peechu Attai vidal Thokkanam Asanam Pranayamam Varmam application	
22	<b>Kalleral / Manneeral / Kanaya Noigal (Liver, Spleen &amp; Pancreatic diseases)</b>	<ul style="list-style-type: none"> <li>• Nausea / Vomiting</li> <li>• Flatulence</li> <li>• Constipation / Diarrhoea</li> <li>• Indigestion</li> <li>• Abdominal pain and discomfort</li> <li>• Dyspnea</li> <li>• Anaemia</li> <li>• Jaundice</li> <li>• Liver and Speen enlargement.</li> <li>• Madhumegam</li> </ul>	Ennai Kuzhiyal Kalichal / Vamanam / Kutram thannilai paduthal Poochu Ottradam Pottanam Pasai Thokkanam Kali Patru Peechu Attail vidal Suttigai Asanam Pranayamam Varmam application	14- 28 Days
23	<b>Siruneeraga Noigal (Kidney disorders, Chronic renal failure, Renal calculi, UTI etc)</b>	<ul style="list-style-type: none"> <li>• Dysruia</li> <li>• Anuria</li> <li>• Oliguria</li> <li>• Urinary obstruction</li> <li>• Renal colic</li> <li>• Haematuria</li> <li>• Pyuria</li> </ul>	Ennai Kuzhiyal Kalichal / Vamanam / Kutram thannilai paduthal Poochu	14- 28 Days

			<p>Ottradam Pottanam Pasai Thokkanam Kali Patru Peechu Attail vidal Suttigai Seelai Asanam Pranayamam Varmam application</p>	
24	<p><b>Thottra noigal (Non communicable disorders such as Diabetes, Hypertension, Cardivascular disorders, Obesity, Cancer etc.,)</b></p>	<ul style="list-style-type: none"> <li>• Hyperglycaemic</li> <li>• Hypercholesterolemia</li> <li>• Diabetic ulcer</li> <li>• Giddiness</li> <li>• Neruopathy</li> <li>• Weakness</li> <li>• Nephropathy</li> <li>• Weight gain / loss</li> <li>• Depression</li> <li>• Pain</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Patru Thiri Pugai Sira Thokkanam Suttigai Attaivaldal</p>	<p>14- 48 Days</p>

			Varma Thadavul Pranyamam Asanam Varmam application	
25	<b>Mudhiyor noigal</b> <b>(Geriatrics / Nadukku vatham, Marathi noigal, Alzemier's disease, Sleep disorders, Depression)</b>	<ul style="list-style-type: none"> <li>• Generalised debility</li> <li>• Degenerative disorders</li> <li>• Osteopenia &amp; Osteoporosis</li> <li>• Generalised body pain</li> <li>• Neuropathy</li> <li>• Tremour</li> <li>• Memory loss</li> <li>• Sleep disorders</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Pochu Ennai Pochu Pattru Thiri Pugai Sira Thokkanam Suttigai Attaivaldal Varma Thadavul Pranyamam Asanam Varmam application	14- 48 Days
26	<b>Kuzhanthai Noigal</b> <b>(Paediatric diseases such as Sirakamba vatham, Thasai vatham, Valippu,</b>	<ul style="list-style-type: none"> <li>• Cerebral palsy</li> <li>• Infantile paralysis</li> <li>• Myopathy</li> <li>• Mental retardation</li> <li>• Nutritional disorders</li> <li>• Seizures</li> </ul>	Ennai Kuzhiyal Kalichal / Vamanam / Aamum Neekal Ennai Pochu Ennai Kattu	14- 48 Days

	<b>Autism)</b>		Pattru Poochu Pasai Kali Ottradam Pottanam Podithimirthal Varmam application	
27	<b>Mana noigal /          Narambu Noigal)          (Psychiatric          disorders /          Depression /          Valippu, Sleep          disorders, Nadukku          vatham etc)</b>	<ul style="list-style-type: none"> <li>• Mood disorders</li> <li>• Sleep disorders</li> <li>• Tremour</li> <li>• Difficulty in movements</li> <li>• Psychiatric symptoms</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Pattru Thiri Pugai Sira Thokkanam Suttigai Attaival Varma Thadavul Pranyamam Asanam Varmam application	14- 48 Days

### 3. 2. Unit Cost of Siddha therapies/interventions in OPD/IPD -

Unit cost per therapy/intervention means cost of procedure including cost of medicines used in the procedure as under

Therapy / Intervention		
No.	Treatment Name	Unit Cost in Rs
1	Aruvai	Rs.500/-
2	Asanam	Rs.500/-
3	Attai Vidal - (Leech Therapy)	Rs.350/-
4	Dhaniya Kizhi (Complete )	Rs.700/-
5	Dhaniya Kizhi (local)	Rs.350/-
6	Ennai Kattu (Medicated oil bandage for bone and joint Disorder, Muscle weakness)	Rs.200/-
7	Ennai Kizhi.(Complete)	Rs.700/-
8	Ennai Kizhi.(Local)	Rs.350/-
9	Ennai Kuliyal	Rs.500/-
10	Kaara Uppu (Local)	Rs.100/-
11	Kali	Rs.350/-
12	Kalikkam	Rs.150/-
13	Kalimbu,	Rs.350/-
14	Karanool application in Fistula (Initial) under L. A	Rs.1100/-
15	Karanool application in Fistula (Follow-up)	Rs.450/-
16	Karanool application in Piles / other conditions	Rs.450/-
17	Keeral	Rs.500/-
18	Kuruthi vaangal - Blood Letting (Cupping)	Rs.350/-
19	Kuruthi vaangal - Blood Letting (I&D and Dressing)	Rs.450/-
20	Mai	Rs.150/-
21	Manal Kizhi	Rs.350/-
22	Murichal & Kombu Kattal	Rs.500/-



23	Nasigaparanam	Rs..200/-
24	Nasiyam	Rs.200/-
25	Neer	Rs.200/-
26	Ottradam (fomentation)	Rs.550/-
27	Pattikattal	Rs.200/-
28	Pasai	Rs.350/-
29	Peetchu (Rectal oil Douche) (Enema)	Rs.200/-
30	Peetchu (Vaginal Douche)	Rs.200/-
31	Podi Kizhi.(Complete)	Rs.700/-
32	Podi Kizhi.(Local)	Rs.350/-
33	Podi Thimirthal	Rs.700/-
34	Poochu (Ennai application)	Rs.700/-
35	Poochu (Ennai application – local)	Rs.300/-
36	Pottanam (Bundle) /	Rs.550/-
37	Pranayamam	Rs.350/-
38	Pugai application in Piles and Fistula	Rs.200/-
39	Salaagai	Rs.350/-
40	Seelai	Rs.350/-
41	Sira Thokkanam with Medicated Ennai	Rs.550/-
42	Suttigai - Cauterization	Rs.150/-
43	Thokkanam (Complete) (Massage)	Rs.1000/-
44	Thokkanam (Local) (Massage)	Rs.500/-
45	Thuvalai	Rs.500/-
46	Vamanam (Herbal Kudinner or Tablets)	Rs.400/-
47	Varma Application	Rs.350/-
48	Varthi	Rs.150/-
49	Vedhu	Rs..200/-

**Note: Any minor / local Siddha procedure/ therapy not included in the above list may be charged upto Rs. 100/- per sitting for upto 28 days.**

### **3. Determination of treatment expenditure for payment/reimbursement**

For the purpose of settlement of Siddha treatment expenditure under CGHS , following criteria shall be applied-

- i) Above-mentioned rates of therapies/interventions shall be benchmarks for calculating treatment expenditure.
- j) The above unit rates are inclusive of the cost implication of materials, medicines, accessories, equipment maintenance , manpower (medical, paramedical and nursing) and diet used in imparting therapies except room rent of the hospitalization.
- k) Pre and post procedure cost will be chargeable @ Rs 75 per day.
- l) Room rent , wherever applicable shall be chargeable as per the rates prescribed in the OM.

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**Revised CGHS Rates and Guidelines for reimbursement/ settlement of Siddha treatment expenditure claims under CGHS.**

**1. List of diseases/disease conditions needing hospitalization of the patients, indicative therapies and likely duration of hospitalization-**

**YOGA**

<b>S. No.</b>	<b>Disease</b>	<b>Therapies</b>	<b>Charges per day</b>	<b>Minimum duration of treatment</b>	<b>Repetition</b>
1.	Musculo-skeletal disorders like Arthritis, Cervical or Lumbar Spondylitis, Backache etc.	Yogic SukshmaVyayaam, Yogasana, Pranayama, Bandha&Mula, Dhyana/Yoganidra.	Rs. 500/- to 1000/-	4 weeks	At least 2 weeks after the first course of treatment, if needed
2.	Cardiovascular disorders	Ahara, Yogic SukshmaVyayaam, Yogasana, Pranayama, Mantra Japa, Yoganidra	Rs. 500/- to 1000/-	2 weeks	At least one week after the first course of treatment, if needed
3.	Cancer rehabilitation	Ahara, Shat Karma, Yogasana, Pranayama, Mantra Japa, Dhyana, Yoganidra	Rs. 500/- to 1000/-	3-4 weeks	At least 10 days to 2 weeks after the first course of treatment, if needed
4.	Psychiatric conditions, Depression, Anxiety, Insomnia etc.	Shat Karma, Yogic SukshmaVyayaam, Suryanamaskar, Yogasana, Pranayama, Bandha & Mula, Mantra Japa, Dhyana.	Rs. 500/- to 1000/-	3-4 weeks	At least 10 days to 2 weeks after the first course of treatment, if needed
5.	Metabolic disorder, Diabetes, Obesity, etc.	Ahara, Shat Karma, Suryanamaskar, Yogasana, Pranayama, Mantra Japa, Dhyana.	Rs. 500/- to 1000/-	6 weeks	At least 3 weeks after the first course of treatment, if needed
6.	Psychosomatic Disorders, Irritable Bowel Syndrome (IBS), Constipation,	Ahara, Shat Karma, Yogasana, Pranayama, Mantra Japa, Yoganidra	Rs. 500/- to 1000/-	3 weeks	At least 2 weeks after the first course of treatment, if

	Acidity, etc.				needed
7.	Asthma, Chronic respiratory disorder	Ahara, Shat Karma, Yogic Sukshma Vyayaam, Yogasana, Pranayama, Bandha & Mula, Mantra Japa, Dhayana	Rs. 500/- to 1000/-	4 weeks	At least 2 weeks after the first course of treatment, if needed
8.	Sinusitis, Migraine, etc.	Ahara, Shat Karma, Yogasana, Pranayama, Mantra Japa, Yoganidra	Rs. 500/- to 1000/-	3 weeks	At least 2 weeks after the first course of treatment, if needed

### NATUROPATHY

S. No.	Disease	Therapies	Rate per day	Minimum duration of treatment	Repetition
01	Diabetes mellitus	Full body / local massage, steam bath, Hip bath, Alternate Hip bath, Mud bath/ mud pack, Underwater massage, Packs, Naturopathy diet	Rs. 500/- to 1000/-	15 days	After 6 months
02	Obesity	Fasting, Full body/local Dry massage, steam bath, Hip bath, Alternate Hip bath, Mud bath/ mud pack, Full wet sheet pack, Underwater massage, Naturopathy diet	Rs. 500/- to 1000/-	21 days	After 6 months
03	Metabolic disorders	Fasting, Full body/local Dry massage, steam bath, Hip bath, Alternate Hip bath, Mud bath/ mud pack, Full wet sheet pack, Full Immersion bath, Underwater massage, Naturopathy diet	Rs. 500/- to 1000/-	15 days	After 6 months
04	Hypertension and Cardio-vascular diseases	Full body / local massage, steam bath, Spinal bath, Arm & Foot bath, Mud bath/ mud pack, Full wet sheet pack, local packs, Naturopathy diet	Rs. 500/- to 1000/-	15 days	After 6 months
05	Bronchial asthma/ Chronic bronchitis	Full body / local massage, steam bath, Spinal bath, Arm & Foot bath, Mud bath/ mud pack, chest pack, Facial steam, Naturopathy diet	Rs. 500/- to 1000/-	15 days	After 6 months

06	Arthritis (Osteo, Rheumatoid, Gout)	Full body / local massage, steam bath, Local steam, Spinal bath, Arm & Foot bath, Full Immersion bath, Mud bath/ mud pack, packs, Naturopathy diet	Rs. 500/- to 1000/-	15 days	After 6 months
07	Musculo-skeletal disorders (Low back pain, sciatica, cervical spondylosis)	Full body/ local massage, steam bath, Spinal bath, Arm & Foot bath, Local steam, Full Immersion bath, Mud bath/ mud pack, packs, Naturopathy diet	Rs. 500/- to 1000/-	15 days	After 6 months
08	Skin disorders (Psoriasis, Eczema)	Full body/ local massage, steam bath, Spinal bath, Local steam, Full Immersion bath, Mud bath/ mud pack, packs, Full wet sheet Pack, Naturopathy diet	Rs. 500/- to 1000/-	21 days	After 6 months

## 2. Unit Cost of YOGA/ NATUROPATHY therapies/interventions in OPD/IPD :-

Unit cost per therapy/ intervention means cost of procedure including cost of medicines used in the procedure as under:

### YOGA

S.No.	Procedures/ Treatment	Rate per unit.
01	Jalaneti(OPD)	Rs. 050/-
02	Sutra neti(OPD)	Rs. 050/-
03	Dugdhaneti(OPD)	Rs. 100/-
04	Ghritaneti(OPD)	Rs. 100/-
05	Kunjala / Vamanadhouti(OPD)	Rs. 100/-
06	Vastradhouti(OPD)	Rs. 100/-
07	Jalabasti(OPD)	Rs. 150/-
08	Sthalabasti(OPD)	Rs. 050/-
09	Moolashodhana/ Chakri karma (OPD)	Rs. 050/-
10	Shankhprakashalana (with therapeutic diet) (OPD)	Rs. 500/-
11	Kapalabhati (OPD)	Rs. 025/-
12	Nauli (OPD)	Rs. 050/-

13	Trataka (Jyoti) (OPD)	Rs. 050/-
14	Shat karma package - I (Jalaneti, Sutra neti andKapalabhati) (OPD)	Rs. 150/-
15	Shat karma package - II (Jalaneti, Sutra neti, Kunjala/VastraDhouti and Kapalabhati) (OPD)	Rs. 200/-
16	Trataka package (Jatruatrataka, JyotiTrataka, Eye wash and relaxation technique) (OPD)	Rs. 100/-
17	Individual Yoga Therapy Session (Yogic Sukshnavyayama, Surya namaskar, Yogasana, Relaxation) (Minimum one hour duration) (OPD)	Rs. 100/-
18	Individual Pranayama/ Dhyana (Meditation) session (Minimum one hour duration) (OPD)	Rs. 100/-
19	One day individual Yoga therapy package (Shatkarma, Yogasana, Pranayama, Dhyana) (around 3 hours) (OPD)	Rs. 250/-
20	One week individual Yoga therapy package (Shatkarma, Yogasana, Pranayama, Dhyana etc.) (Minimum 1 hour daily) (OPD)	Rs. 500/-
21	One month individual Yoga therapy package (Shatkarma, Yogasana, Pranayama, Dhyana etc.) (Minimum 1 hour daily) (OPD)	Rs. 1,500/-
22	One week Yoga therapy package (3-4 hours per day) (OPD)	Rs. 1,500/-
23	Two weeks Yoga therapy package (3-4 hours per day) (OPD)	Rs. 2,500/-
24	One month Yoga therapy package (3-4 hours per day) (OPD)	Rs. 5,000/-
25	One week Yoga therapy package (Indoor) / (IPD)	Rs. 10,000/-
26	Two weeks Yoga therapy package (Indoor) / (IPD)	Rs. 18,000/-
27	Three weeks Yoga therapy package (Indoor) / (IPD)	Rs. 25,000/-

### NATUROPATHY

S.No.	Procedures/ Treatment	Rate per unit
	<b>JalChikitsa (Hydrotherapy)</b>	
01	Hip bath	Rs. 150/-
02	Spinal bath	Rs. 100/-
03	Spinal spray	Rs. 200/-
04	Arm/ Foot bath	Rs. 150/-
05	Full Immersion bath	Rs. 200/-
06	Local jet spray	Rs. 200/-
07	Under Water Massage	Rs. 350/-
08	Deluxe Hydro Massage	Rs. 400/-

09	Whirl pool bath	Rs. 400/-
10	Circular jet bath	Rs. 350/-
11	Enema	Rs. 100/-
12	Colon Hydrotherapy	Rs. 500/-
13	Local steam	Rs. 100/-
14	Full body steam	Rs. 200/-
15	Sauna bath	Rs. 250/-
	<b>MardanaChikitsa.</b>	
16	Full body Mardana	Rs. 300/-
17	Local Mardana	Rs. 150/-
18	Dry Mardana	Rs. 200/-
	<b>Packs / Fomentation</b>	
19	Full wet sheet pack or Fomentation	Rs. 150/-
20	Local pack / Fomentation(chest, abdomen, leg etc.)	Rs. 100/-
	<b>Mud Therapy</b>	
21	Full Body Mud Bath	Rs. 250/-
22	Local Mud pack / Application	Rs. 100/ -
	<b>Chromo Therapy</b>	
23	Thermoleum Sun bath	Rs. 200/-
	<b>Naturopathy Therapeutic Diet</b>	
24	Naturopathy diet (Single Serve)	Rs. 100/-
	<b>Package Treatments with minimum 3 procedures.</b>	
25	One day package treatment (OPD)	Rs. 750/-
26	One week package treatment (OPD)	Rs. 3,500/-
27	Two weeks package treatment (OPD)	Rs. 6,000/-
28	Three weeks package treatment (OPD)	Rs. 9,000/-
29	One week package treatment (IPD)	Rs. 10,000/-
30	Two weeks package treatment (IPD)	Rs. 18,000/-
31	Three weeks package treatment (IPD)	Rs. 25,000/-

**Note: Any minor / local Naturopathy procedure/ therapy not included in the above list may be charged upto Rs. 100/- per sitting for upto 28 days.**

### **3. Determination of treatment expenditure for payment/reimbursement**

For the purpose of settlement of Unani treatment expenditure under CGHS , following criteria shall be applied-

- a) Above-mentioned rates of therapies/interventions shall be benchmarks for calculating treatment expenditure.
- b) The above unit rates are inclusive of the cost implication of materials, medicines, accessories, equipment maintenance and manpower (medical, paramedical and nursing) and diet used in imparting therapies except room rent of the hospitalization.

- c) Pre and post procedure cost will be chargeable @ Rs 75 per day.
- d) Room rent , wherever applicable shall be chargeable as per the rates prescribed in the OM.

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